**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** November 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday19/11/2018 | Definition of drug | Drug acting on ANS | Pharmacology | Rotation | Digestive system |
| Tuesday20/11/2018 | Nomenclature of drug | Basic concepts of ANS | Nomenclature of drugs | Rotation | Anatomy and physiology of GIT |
| Wednesday21/11/2018 | Source of drugs | Basic Concepts of ANS | Pharmacopeia | Rotation | Name of alimentary tract |
| Thursday22/11/2018 | Doses and preparation | Adrenaline | Source of Drug | Rotation | Function of Saliva |
| Friday23/11/2018 | Pharmacopeias | Dopamine | Test | Rotation | Parts of the stomach |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

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| --- |
| **Category:** Dispenser Course |
| **Month:** November 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday26/11/2018 | Incompatibilities | Salbutamol, Ephedrine  | Different Preparations  | Skill Lab | Role of stomach |
| Tuesday27/11/2018 | Incompatibilities | B-blockers | Bismuth and Chalk Mixture | Skill Lab | Small intestine and large intestine |
| Wednesday28/11/2018 | Weight and measure | Methydopa | Saline Mixture | Skill Lab | Functions of Small intestine and large intestine |
| Thursday29/11/2018 | Weight and measure | Drugs used in glaucoma | Alkaline Carminative Mixture | Skill Lab | Liver parts |
| Friday30/11/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Test | Skill Lab | Liver functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** December 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday03/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Saline expectorant mixture | Rotation | Gallbladder parts |
| Tuesday04/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Sedative expectorant mixture | Rotation | Gallbladder functions |
| Wednesday05/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Antispasmodic expectorant mixture | Rotation | Pancreases parts |
| Thursday06/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in Angina | Sacara Mixture | Rotation | Pancreases Functions |
| Friday07/12/2018 | Test | Drugs used in Angina | Test | Rotation | Pancreases Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** December 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday10/12/2018 | Calculation and percentage solution | Drugs used in Angina | Ammonium Chloride Mixture | Skill Lab | Diseases of GIT |
| Tuesday11/12/2018 | Calculation and percentage solution | Drugs used in Angina | Bromide and Chloral Mixture | Skill Lab | Diseases of GIT |
| Wednesday12/12/2018 | Calculation and percentage solution | Drugs used in Angina | Bromide and Luminal Mixture | Skill Lab | Diseases of GIT |
| Thursday13/12/2018 | Calculation and percentage solution | Drugs used in Angina | Alkaline diuretic mixture | Skill Lab | Circulatory system – objectives |
| Friday14/12/2018 | Reading and writing of prescription | Test | Test | Skill Lab | Circulatory system – parts |

**Time Table / Schedule of Teaching & Practical Trainings**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** December 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday17/12/2018 | Reading and writing of prescription | Drugs used in Hypertension | Acid Mixture | Rotation | Heart position |
| Tuesday18/12/2018 | Parts of prescription | Drugs used in Hypertension | Quinine Emulsion | Rotation | Heart composition  |
| Wednesday19/12/2018 | Parts of prescription | Drugs used in Hypertension | Iron mixture | Rotation | Heart compartments |
| Thursday20/12/2018 | Parts of prescription | Drugs used in Hypertension | Cholera Mixture | Rotation | Heart compartment functions |
| Friday21/12/2018 | Latin names and sign of every day use | Drugs used in Hypertension | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** December 2018 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday24/12/2018 | **Winter Vacations** |
| Tuesday25/12/2018 |
| Wednesday26/12/2018 |
| Thursday27/12/2018 |
| Friday28/12/2018 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** January 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday31/12/2018 | Latin names and sign of every day use | Expectorants | Linctus Sedative | Skill Lab | Heart valve |
| Tuesday01/01/2019 | Latin names and sign of every day use | Expectorants | Easton Syrup Mixture | Skill Lab | Heart beat |
| Wednesday02/01/2019 | Latin names and sign of every day use | Expectorants | APC Powder | Skill Lab | Coronary arteries |
| Thursday03/01/2019 | Latin names and sign of every day use | Expectorants | Aspirin phenacetin dovers powder | Skill Lab | Coronary arteries |
| Friday04/01/2019 | Test | Antitussive | Test | Skill Lab | Heart muscles |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** January 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday07/01/2019 | Basic knowledge of drugs | Antitussive | Compound liquorice powder | Rotation | System of circulation |
| Tuesday08/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Santonin Powder | Rotation | Systematic and pulmonary circulation |
| Wednesday09/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Alkaline Powder | Rotation | Portal circulation |
| Thursday10/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Dusting Powder | Rotation | Coronary circulation  |
| Friday11/01/2019 | Basic knowledge of drugs: Classification | Test | Test | Rotation | Blood vessels |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** January 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday14/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Prickley heat powder | Skill Lab | Arteries, veins and capillaries |
| Tuesday15/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Iron Tablets | Skill Lab | Composition of blood vessels |
| Wednesday16/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Zinc and Boric ear drops | Skill Lab | Arterial blood composition |
| Thursday17/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Weak silver nitrate drops | Skill Lab | Arterial blood flow |
| Friday18/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Test | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

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| **Category:** Dispenser Course |
| **Month:** January 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday21/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Strong silver nitrate drops | Rotation | Arteries names |
| Tuesday22/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Zinc and boric eye drops | Rotation | Aorta |
| Wednesday23/01/2019 | Basic knowledge of drugs: official names | Cotrimoxazole | Carbolic glycerine ear drops | Rotation | Subclavian artery  |
| Thursday24/01/2019 | Basic knowledge of drugs: official names | Cotrimoxazole | Atropine drops | Rotation | Femoral artery |
| Friday25/01/2019 | Test | Penicillins | Test | Rotation | Veins |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** January 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday28/01/2019 | Basic knowledge of drugs: Preparations | Penicillins | Eserine drops | Skill Lab | Veins types |
| Tuesday29/01/2019 | Basic knowledge of drugs: Preparations | Penicillins | Mandls paint | Skill Lab | Superior venacava |
| Wednesday30/01/2019 | Basic knowledge of drugs: Preparations | Macrolids | Glycerine of boric acid | Skill Lab | Inferior venacava |
| Thursday31/01/2019 | Basic knowledge of drugs: Dose | Macrolids | Glycerine of tannic acid | Skill Lab | Veins of head and neck |
| Friday01/02/2019 | Basic knowledge of drugs: Dose | Test | Test | Skill Lab | Veins of leg |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** February 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday04/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Gum Paint | Rotation | Blood types |
| Tuesday05/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Ammoniated liniment of camphor | Rotation | RBC |
| Wednesday06/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Liniment of turpentine | Rotation | WBC |
| Thursday07/02/2019 | **Music Festival** |
| Friday08/02/2019 | Basic knowledge of drugs: Dose | Aminoglycosides |  | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** February 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** |  | **Practical 1** | **Practical 2** | **Lecture** |
| Monday11/02/2019 | **College Funfair** |
| Tuesday12/02/2019 | **Debates Compitition** |
| Wednesday13/02/2019 | Basic knowledge of drugs: ROA | Tetracycline | **BREAK** | Lassars paint | Skill Lab | Respiratory system: Objectives |
| Thursday14/02/2019 | **Final Matches** |
| Friday15/02/2019 | **Sports Day** |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** February 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday18/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Liniment of calamine | Rotation | Blood clotting |
| Tuesday19/02/2019 | Basic knowledge of drugs: ROA | Aminoglycosides | Calamine lotion | Skill Lab | Body Fluids |
| Wednesday20/02/2019 | Basic knowledge of drugs: ROA | Aminoglycosides | Hair lotion | Skill Lab | Physiology of circulatory system |
| Thursday21/02/2019 | Basic knowledge of drugs: ROA | Tetracycline | Ointment of ammoniated mercury | Skill Lab | Respiratory system: Physiology |
| Friday22/02/2019 | Test | Tetracycline | Test | Skill Lab | Respiratory system: Physiology |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** February 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday25/02/2019 | Basic knowledge of drugs: Important Use | Chloramphenicol | Mercuric oxide eye ointment | Skill Lab | Upper respiratory Tract |
| Tuesday26/02/2019 | Basic knowledge of drugs: Important Use | Chloramphenicol | Ointment of sulpher | Skill Lab | Nose, neck and phyracs |
| Wednesday27/02/2019 | Basic knowledge of drugs: Important Use | Anti-fungal drugs | Ointment of zinc oxide | Skill Lab | Larynx |
| Thursday28/02/2019 | Basic knowledge of drugs: Important Use | Anti-fungal drugs | Whitefield ointment | Skill Lab | Lower respiratory tract |
| Friday01/03/2019 | Basic knowledge of drugs: Contraindication | Test | Test | Skill Lab | Trachea |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** March 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday04/03/2019 | Basic knowledge of drugs: Contraindication | Anti-viral drugs | Boric acid ointment | Rotation | Lungs |
| Tuesday05/03/2019 | Basic knowledge of drugs: Contraindication | Anti-viral drugs | Dithranol ointment | Rotation | Function of lungs |
| Wednesday06/03/2019 | Basic knowledge of drugs: Contraindication | Anti TB Drugs | Calamine ointment | Rotation | Pleura |
| Thursday07/03/2019 | Basic knowledge of drugs: Contraindication | Anti TB Drugs | Ointment of benzoczine compound | Rotation | Physiology of Lungs |
| Friday08/03/2019 | Basic knowledge of drugs: Contraindication | Drugs for Leprosy | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** March2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday11/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Leprosy | Castor oil emulsion | Skill Lab | Control of respiration |
| Tuesday12/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Leprosy | Codliver oil emulsion | Skill Lab | Diseases of respiration |
| Wednesday13/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Amoebiasis | Etrachlor ethylene emulsion | Skill Lab | Objectives of CNS |
| Thursday14/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Amoebiasis | Filikmas emulsion | Skill Lab | Cerobro spinal system |
| Friday15/03/2019 | Test | Drugs for Malaria | Test | Skill Lab | Brian: Parts |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** March 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday18/03/2019 | Drug Act | Drugs for Malaria | Sodium salicylate mixture | Rotation | Cerebrum: Functions |
| Tuesday19/03/2019 | Drug Act | Hormones: Oxytocin | Tetrachlor Ethylene Emulsion | Rotation | Cerebellum: Functions |
| Wednesday20/03/2019 | Drug Act | Hormones: Oxytocin | Quinine Mixture | Rotation | Spinal Cord: Functions |
| Thursday21/03/2019 | Drug Act | Hormones: Oxytocin | Diaphoretic Mixture | Rotation | Peripheral Nervous System |
| Friday22/03/2019 | Drug Act | Test | Test | Rotation | Sensory Nervous System |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** March 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday25/03/2019 | Drug Act | Hormones: Ergometrine | Benzyl benzoate applications | Skill Lab | Cranial Nerves |
| Tuesday26/03/2019 | Drug Act | Hormones: Ergometrine | Rotation | Skill Lab | Autonomic Nervous system |
| Wednesday27/03/2019 | Drug Act | Hormones: Ergometrine | Rotation | Skill Lab | Sympathetic system |
| Thursday28/03/2019 | Drug Act | Hypoglycemic Drugs: Insulin | Rotation | Skill Lab | Para-Sympathetic system |
| Friday29/03/2019 | Drug Act | Hypoglycemic Drugs: Insulin | Rotation  | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:**  April 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday01/04/2019 | **Spring Vacations** |
| Tuesday02/04/2019 |
| Wednesday03/04/2019 |
| Thursday04/04/2019 |
| Friday05/04/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** April 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday08/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Physiology of CNS |
| Tuesday09/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Diseases of CNS |
| Wednesday10/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Excretory system: Objectives  |
| Thursday11/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Corticosteroids | Skill Lab | Rotation | Urinary system: Parts |
| Friday12/04/2019 | Test | Hypoglycemic Drugs: Corticosteroids | Skill Lab | Rotation | Urinary system: Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** April 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** |  | **Practical 1** | **Practical 2** | **Lecture** |
| Monday15/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Haematenics | **BREAK** | Skill Lab | Rotation | Kidney Parts |
| Tuesday16/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Haematenics | Skill Lab | Rotation | Nephron |
| Wednesday17/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Anticoagulant  | Skill Lab | Rotation | Roles of Kidney |
| Thursday18/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Anticoagulant | Skill Lab | Rotation | Ureter |
| Friday19/04/2019 | Prohibition of medical practice ordinance | Test | Skill Lab | Rotation | Ureter: Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** April 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday22/04/2019 | **1st Term Exams** |
| Tuesday23/04/2019 |
| Wednesday24/04/2019 |
| Thursday25/04/2019 |
| Friday26/04/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** April , May 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday29/04/2019 | Duties and responsibilities of Dispensers | Blood Drugs: Heparin | Rotation | Skill Lab | Urethra  |
| Tuesday30/04/2019 | Duties and responsibilities of Dispensers | Blood Drugs: Heparin | Rotation | Skill Lab | Micturition  |
| Wednesday01/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Demulcents | Rotation | Skill Lab | Physiology of Excretory system |
| Thursday02/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Demulcents | Rotation | Skill Lab | Diseases of Excretory system |
| Friday03/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Emollients | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** May 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday06/05/2019 | Principles of sterilization | Locally acting drugs: Emollients | Skill Lab | Rotation | Reproductive system objectives |
| Tuesday07/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Dusting Powders | Skill Lab | Rotation | Male reproductive system |
| Wednesday08/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Dusting Powders | Skill Lab | Rotation | Scrotum, supermatic system,  |
| Thursday09/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Bitters | Skill Lab | Rotation | Prostate glands |
| Friday10/05/2019 | Test | Locally acting drugs: Bitters | Skill Lab | Rotation | Testis |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** May 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday13/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Volatile oils | Rotation | Skill Lab | Penis |
| Tuesday14/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Digestive Ferments | Rotation | Skill Lab | Male sexual hormones |
| Wednesday15/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Antiseptics | Rotation | Skill Lab | Semen |
| Thursday16/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Antiseptics | Rotation | Skill Lab | Female reproductive system |
| Friday17/05/2019 | Principles of sterilization: Preparation of hypodermic injection  | Test | Rotation | Skill Lab | Valvu |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** May 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday20/05/2019 | Principles of sterilization: Preparation of hypodermic injection | GIT Drugs: Antacids | Skill lab | Rotation  | Monis pubis |
| Tuesday21/05/2019 | Principles of sterilization: Preparation of hypodermic injection | GIT Drugs: Antacids | Skill lab | Rotation  | Clitoris |
| Wednesday22/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill lab | Rotation  | Vagina  |
| Thursday23/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill lab | Rotation  | Vagina  |
| Friday24/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** May 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday27/05/2019 | Artificial Respiration | GIT Drugs: Antiemetic | Rotation | Skill Lab | Bartholin glands |
| Tuesday28/05/2019 | Artificial Respiration | GIT Drugs: Antiemetic | Rotation | Skill Lab | Vagina Functions |
| Wednesday29/05/2019 | Artificial Respiration | GIT Drugs: Peptic Ulcer | Rotation | Skill Lab | Uterus: Parts |
| Thursday30/05/2019 | Artificial Respiration | GIT Drugs: Peptic Ulcer | Rotation | Skill Lab | Uterus: Functions |
| Friday31/05/2019 | Test | GIT Drugs: Antidiarrheal | Rotation | Skill Lab | Felopine tube |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** June 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday | **Summer Vacations** |
| Tuesday |
| Wednesday |
| Thursday |
| Friday |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** July 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday01/07/2019 | First aid treatment of burns | GIT Drugs: Antidiarrheal | Skill Lab | Rotation | Ovaries: Functions |
| Tuesday02/07/2019 | First aid treatment of burns | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Female endocrine glands |
| Wednesday03/07/2019 | First aid treatment of fracture | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Ovum  |
| Thursday04/07/2019 | First aid treatment of fracture | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Breast |
| Friday05/07/2019 | First aid treatment of heat stroke | Test | Skill Lab | Rotation | Puberty |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** July 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday08/07/2019 | First aid treatment of heat stroke | CNS: Antianxiety Drugs | Rotation | Skill Lab | Menses |
| Tuesday09/07/2019 | First aid treatment of dehydration | CNS: Antianxiety Drugs | Rotation | Skill Lab | Physiology of Reproductive system |
| Wednesday10/07/2019 | First aid treatment of dehydration | CNS: Narcotic Analgesic | Rotation | Skill Lab | Menopause |
| Thursday11/07/2019 | Emergence procedure and anesthesia | CNS: Narcotic Analgesic | Rotation | Skill Lab | Female diseases |
| Friday12/07/2019 | Emergence procedure and anesthesia | NSAIDS | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** July 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday15/07/2019 | Emergence procedure and anesthesia | NSAIDS | Skill Lab | Rotation | Skeletal system |
| Tuesday16/07/2019 | Charting of temperature and pulse | CNS: Alcohol | Skill Lab | Rotation | Bones: types |
| Wednesday17/07/2019 | Charting of temperature and pulse | CNS: Alcohol | Skill Lab | Rotation | Bones of head and face |
| Thursday18/07/2019 | Charting of temperature and pulse | CNS: general Anesthetic | Skill Lab | Rotation | Spinal cord |
| Friday19/07/2019 | Test | CNS: Local Anesthetic | Skill Lab | Rotation | Thoracic cage  |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** July 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday22/07/2019 | Pattern of treatment chart | CNS: Analeptics | Rotation | Skill Lab | Pelvic grid |
| Tuesday23/07/2019 | Pattern of treatment chart | CNS: Analeptics | Rotation | Skill Lab | Upper limb |
| Wednesday24/07/2019 | Pattern of treatment chart | Poisoning: Morphine | Rotation | Skill Lab | Bones of hand |
| Thursday25/07/2019 | Investigation form | Poisoning: Morphine | Rotation | Skill Lab | Lower limb |
| Friday26/07/2019 | Investigation form | Test | Rotation | Skill Lab | Bones of foot |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** July, August 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday29/07/2019 | Use of common clinical appliance | Poisoning: Opioids | Skill Lab | Rotation | Joints |
| Tuesday30/07/2019 | Use of common clinical appliance | Poisoning: Opioids | Skill Lab | Rotation | Non moveable joints |
| Wednesday31/07/2019 | Use of common clinical appliance | Poisoning: Atropine | Skill Lab | Rotation | Moveable joints |
| Thursday01/08/2019 | Use of common clinical appliance | Poisoning: Atropine | Skill Lab | Rotation | Immoveable joints |
| Friday02/08/2019 | Use of common clinical appliance | Poisoning: Strychnine | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** August 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday05/08/2019 | Virus, Bacteria, Fungus | Poisoning: Insecticides | Rotation | Skill Lab | Name of different joints |
| Tuesday05/08/2019 | Virus, Bacteria, Fungus | Poisoning: Kerosene Oil | Rotation | Skill Lab | Cranial suture |
| Wednesday07/08/2019 | Virus, Bacteria, Fungus | Poisoning: Caustics | Rotation | Skill Lab | Joint of shoulder |
| Thursday08/08/2019 | Virus, Bacteria, Fungus | Toxicology, Side effects of drugs use | Rotation | Skill Lab | Joint of elbow and wrist |
| Friday09/08/2019 | Test | Toxicology, Side effects of drugs use | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** August 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday12/08/2019 | **2nd Term Exams** |
| Tuesday13/08/2019 |
| Wednesday14/08/2019 |
| Thursday15/08/2019 |
| Friday16/08/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** August 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday19/08/2019 | Knowledge of Sera, | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Joints of hip |
| Tuesday20/08/2019 | Knowledge of Vaccines | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Ankle joint |
| Wednesday21/08/2019 | Knowledge of Toxins and anti toxins | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Spinal column |
| Thursday22/08/2019 | Knowledge of Toxins and anti toxins | Test | Skill Lab | Rotation | Muscle of skeleton |
| Friday23/08/2019 | Knowledge of Toxins and anti toxins | Revision | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** August 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday26/08/2019 | Storage of drugs, vaccines, transportation, validity and labelling | First Aid: AIDS | Skill Lab | Rotation | Muscle of abdomen and arms |
| Tuesday27/08/2019 | Storage of drugs, vaccines, transportation, validity and labelling | First Aid: AIDS | Skill Lab | Rotation | Muscle of leg and skin |
| Wednesday28/08/2019 | Urine, blood and sputum examination | First Aid: Diarrhea | Skill Lab | Rotation | Diseases of skeletal system |
| Thursday29/08/2019 | Urine, blood and sputum examination | First Aid: Typhoid | Skill Lab | Rotation | Diseases of skeletal system |
| Friday30/08/2019 | Sample collection for laboratory | Test | Skill Lab | Rotation | Objective of lymphatic system |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** September 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday02/09/2019 | Blood grouping and blood transfusion  | First Aid: Cholera | Rotation | Skill Lab | Lympheetic system process |
| Tuesday03/09/2019 | Blood grouping and blood transfusion | First Aid: Cholera | Rotation | Skill Lab | Lymphatic system gland nodes |
| Wednesday04/09/2019 | Blood grouping and blood transfusion | First Aid: TB | Rotation | Skill Lab | Lymphatic ducts |
| Thursday05/09/2019 | EPI | First Aid: TB | Rotation | Skill Lab | Spleen |
| Friday06/09/2019 | EPI | First Aid: Whooping Cough | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** September 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday09/09/2019 | Healthcare system | First Aid: Measles | Skill Lab | Rotation | Charting Temperature and pulse |
| Tuesday10/09/2019 | Healthcare system | First Aid: Mumps | Skill Lab | Rotation | Outdoor register |
| Wednesday11/09/2019 | Healthcare system: Environmental protection | First Aid: Diphtheria | Skill Lab | Rotation | Abstract register |
| Thursday12/09/2019 | Healthcare system: Environmental protection | First Aid: Epilepsy | Skill Lab | Rotation | Poison register |
| Friday13/09/2019 | Test | First Aid: Epilepsy | Skill Lab | Rotation | Expense register |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** September 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday16/09/2019 | Diarrheal Disease and control | First Aid: Rabies | Rotation | Skill Lab | Medicolegal register |
| Tuesday17/09/2019 | Diarrheal Disease and control | First Aid: Rabies | Rotation | Skill Lab | Postmortem register |
| Wednesday18/09/2019 | Diarrheal Disease and control | First Aid: Snake Bite | Rotation | Skill Lab | Revision  |
| Thursday19/09/2019 | Storage of equipments: Bedding and clothing | First Aid: Snake Bite | Rotation | Skill Lab | Revision |
| Friday20/09/2019 | Storage of equipments: Surgical instruments | Test | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** September 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday23/09/2019 | Storage of equipments: Rubber goods | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Tuesday24/09/2019 | Shock: Definition and type | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Wednesday25/09/2019 | Shock: Definition and type | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Thursday26/09/2019 | Shock: First Aid Management | First Aid: Hepatitis | Skill Lab | Rotation | Revision |
| Friday27/09/2019 | Shock: First Aid Management | First Aid: Hepatitis | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** September, October 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday30/09/2019 | Preparation of emergency rooms: Hernia | First Aid: Poliomylitis | Rotation | Skill Lab | Revision |
| Tuesday01/10/2019 | Preparation of emergency rooms: Hernia | First Aid: Poliomylitis | Rotation | Skill Lab | Revision |
| Wednesday02/10/2019 | Preparation of emergency rooms: Hydrocele | First Aid: Asthma | Rotation | Skill Lab | Revision |
| Thursday03/10/2019 | Preparation of emergency rooms: Hydrocele | First Aid: Asthma | Rotation | Skill Lab | Revision |
| Friday04/10/2019 | Test | First Aid: Asthma | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** October 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday07/10/2019 | Preparation of emergency rooms: Lipoma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Tuesday08/10/2019 | Preparation of emergency rooms: Lipoma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Wednesday09/10/2019 | Preparation of emergency rooms: Fibroma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Thursday10/10/2019 | Preparation of emergency rooms: Fibroma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Friday11/10/2019 | Preparation of emergency rooms: Episiotomy | Test | Skill Lab | Rotation | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** October 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday14/10/2019 | Preparation of emergency rooms: Episiotomy | Revision | Rotation | Skill Lab | Revision |
| Tuesday15/10/2019 | Preparation of emergency rooms: Lumber Puncture  | Revision | Rotation | Skill Lab | Revision |
| Wednesday16/10/2019 | Preparation of emergency rooms: Lumber Puncture | Revision | Rotation | Skill Lab | Revision |
| Thursday17/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Friday18/10/2019 | Revision | Revision | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** October 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday21/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Tuesday22/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Wednesday23/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Thursday24/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Friday25/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |
| --- |
| **Category:** Dispenser Course |
| **Month:** October, November 2019 |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday28/10/2019 | **Sendup Exams** |
| Tuesday29/10/2019 |
| Wednesday30/10/2019 |
| Thursday30/10/2019 |
| Friday01/11/2019 |