**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** November 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  19/11/2018 | Definition of drug | Drug acting on ANS | Pharmacology | Rotation | Digestive system |
| Tuesday  20/11/2018 | Nomenclature of drug | Basic concepts of ANS | Nomenclature of drugs | Rotation | Anatomy and physiology of GIT |
| Wednesday  21/11/2018 | Source of drugs | Basic Concepts of ANS | Pharmacopeia | Rotation | Name of alimentary tract |
| Thursday  22/11/2018 | Doses and preparation | Adrenaline | Source of Drug | Rotation | Function of Saliva |
| Friday  23/11/2018 | Pharmacopeias | Dopamine | Test | Rotation | Parts of the stomach |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** November 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  26/11/2018 | Incompatibilities | Salbutamol, Ephedrine | Different Preparations | Skill Lab | Role of stomach |
| Tuesday  27/11/2018 | Incompatibilities | B-blockers | Bismuth and Chalk Mixture | Skill Lab | Small intestine and large intestine |
| Wednesday  28/11/2018 | Weight and measure | Methydopa | Saline Mixture | Skill Lab | Functions of Small intestine and large intestine |
| Thursday  29/11/2018 | Weight and measure | Drugs used in glaucoma | Alkaline Carminative Mixture | Skill Lab | Liver parts |
| Friday  30/11/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Test | Skill Lab | Liver functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** December 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  03/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Saline expectorant mixture | Rotation | Gallbladder parts |
| Tuesday  04/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Sedative expectorant mixture | Rotation | Gallbladder functions |
| Wednesday  05/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in glaucoma | Antispasmodic expectorant mixture | Rotation | Pancreases parts |
| Thursday  06/12/2018 | Compounding and Dispensing of Pharmaceutical | Drugs used in Angina | Sacara Mixture | Rotation | Pancreases Functions |
| Friday  07/12/2018 | Test | Drugs used in Angina | Test | Rotation | Pancreases Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** December 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  10/12/2018 | Calculation and percentage solution | Drugs used in Angina | Ammonium Chloride Mixture | Skill Lab | Diseases of GIT |
| Tuesday  11/12/2018 | Calculation and percentage solution | Drugs used in Angina | Bromide and Chloral Mixture | Skill Lab | Diseases of GIT |
| Wednesday  12/12/2018 | Calculation and percentage solution | Drugs used in Angina | Bromide and Luminal Mixture | Skill Lab | Diseases of GIT |
| Thursday  13/12/2018 | Calculation and percentage solution | Drugs used in Angina | Alkaline diuretic mixture | Skill Lab | Circulatory system – objectives |
| Friday  14/12/2018 | Reading and writing of prescription | Test | Test | Skill Lab | Circulatory system – parts |

**Time Table / Schedule of Teaching & Practical Trainings**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** December 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  17/12/2018 | Reading and writing of prescription | Drugs used in Hypertension | Acid Mixture | Rotation | Heart position |
| Tuesday  18/12/2018 | Parts of prescription | Drugs used in Hypertension | Quinine Emulsion | Rotation | Heart composition |
| Wednesday  19/12/2018 | Parts of prescription | Drugs used in Hypertension | Iron mixture | Rotation | Heart compartments |
| Thursday  20/12/2018 | Parts of prescription | Drugs used in Hypertension | Cholera Mixture | Rotation | Heart compartment functions |
| Friday  21/12/2018 | Latin names and sign of every day use | Drugs used in Hypertension | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** December 2018 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  24/12/2018 | **Winter Vacations** | | | | | |
| Tuesday  25/12/2018 |
| Wednesday  26/12/2018 |
| Thursday  27/12/2018 |
| Friday  28/12/2018 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** January 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  31/12/2018 | Latin names and sign of every day use | Expectorants | Linctus Sedative | Skill Lab | Heart valve |
| Tuesday  01/01/2019 | Latin names and sign of every day use | Expectorants | Easton Syrup Mixture | Skill Lab | Heart beat |
| Wednesday  02/01/2019 | Latin names and sign of every day use | Expectorants | APC Powder | Skill Lab | Coronary arteries |
| Thursday  03/01/2019 | Latin names and sign of every day use | Expectorants | Aspirin phenacetin dovers powder | Skill Lab | Coronary arteries |
| Friday  04/01/2019 | Test | Antitussive | Test | Skill Lab | Heart muscles |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** January 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  07/01/2019 | Basic knowledge of drugs | Antitussive | Compound liquorice powder | Rotation | System of circulation |
| Tuesday  08/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Santonin Powder | Rotation | Systematic and pulmonary circulation |
| Wednesday  09/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Alkaline Powder | Rotation | Portal circulation |
| Thursday  10/01/2019 | Basic knowledge of drugs: Classification | Antitussive | Dusting Powder | Rotation | Coronary circulation |
| Friday  11/01/2019 | Basic knowledge of drugs: Classification | Test | Test | Rotation | Blood vessels |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** January 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  14/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Prickley heat powder | Skill Lab | Arteries, veins and capillaries |
| Tuesday  15/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Iron Tablets | Skill Lab | Composition of blood vessels |
| Wednesday  16/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Zinc and Boric ear drops | Skill Lab | Arterial blood composition |
| Thursday  17/01/2019 | Basic knowledge of drugs: official names | Bronchodilators | Weak silver nitrate drops | Skill Lab | Arterial blood flow |
| Friday  18/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Test | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** January 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  21/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Strong silver nitrate drops | Rotation | Arteries names |
| Tuesday  22/01/2019 | Basic knowledge of drugs: official names | Sulphonamides | Zinc and boric eye drops | Rotation | Aorta |
| Wednesday  23/01/2019 | Basic knowledge of drugs: official names | Cotrimoxazole | Carbolic glycerine ear drops | Rotation | Subclavian artery |
| Thursday  24/01/2019 | Basic knowledge of drugs: official names | Cotrimoxazole | Atropine drops | Rotation | Femoral artery |
| Friday  25/01/2019 | Test | Penicillins | Test | Rotation | Veins |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** January 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  28/01/2019 | Basic knowledge of drugs: Preparations | Penicillins | Eserine drops | Skill Lab | Veins types |
| Tuesday  29/01/2019 | Basic knowledge of drugs: Preparations | Penicillins | Mandls paint | Skill Lab | Superior venacava |
| Wednesday  30/01/2019 | Basic knowledge of drugs: Preparations | Macrolids | Glycerine of boric acid | Skill Lab | Inferior venacava |
| Thursday  31/01/2019 | Basic knowledge of drugs: Dose | Macrolids | Glycerine of tannic acid | Skill Lab | Veins of head and neck |
| Friday  01/02/2019 | Basic knowledge of drugs: Dose | Test | Test | Skill Lab | Veins of leg |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** February 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  04/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Gum Paint | Rotation | Blood types |
| Tuesday  05/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Ammoniated liniment of camphor | Rotation | RBC |
| Wednesday  06/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Liniment of turpentine | Rotation | WBC |
| Thursday  07/02/2019 | **Music Festival** | | | | | |
| Friday  08/02/2019 | Basic knowledge of drugs: Dose | Aminoglycosides |  | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** February 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** |  | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  11/02/2019 | **College Funfair** | | | | | |
| Tuesday  12/02/2019 | **Debates Compitition** | | | | | |
| Wednesday  13/02/2019 | Basic knowledge of drugs: ROA | Tetracycline | **BREAK** | Lassars paint | Skill Lab | Respiratory system: Objectives |
| Thursday  14/02/2019 | **Final Matches** | | | | | |
| Friday  15/02/2019 | **Sports Day** | | | | | |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** February 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  18/02/2019 | Basic knowledge of drugs: Dose | Cephalosporins | Liniment of calamine | Rotation | Blood clotting |
| Tuesday  19/02/2019 | Basic knowledge of drugs: ROA | Aminoglycosides | Calamine lotion | Skill Lab | Body Fluids |
| Wednesday  20/02/2019 | Basic knowledge of drugs: ROA | Aminoglycosides | Hair lotion | Skill Lab | Physiology of circulatory system |
| Thursday  21/02/2019 | Basic knowledge of drugs: ROA | Tetracycline | Ointment of ammoniated mercury | Skill Lab | Respiratory system: Physiology |
| Friday  22/02/2019 | Test | Tetracycline | Test | Skill Lab | Respiratory system: Physiology |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** February 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  25/02/2019 | Basic knowledge of drugs: Important Use | Chloramphenicol | Mercuric oxide eye ointment | Skill Lab | Upper respiratory Tract |
| Tuesday  26/02/2019 | Basic knowledge of drugs: Important Use | Chloramphenicol | Ointment of sulpher | Skill Lab | Nose, neck and phyracs |
| Wednesday  27/02/2019 | Basic knowledge of drugs: Important Use | Anti-fungal drugs | Ointment of zinc oxide | Skill Lab | Larynx |
| Thursday  28/02/2019 | Basic knowledge of drugs: Important Use | Anti-fungal drugs | Whitefield ointment | Skill Lab | Lower respiratory tract |
| Friday  01/03/2019 | Basic knowledge of drugs: Contraindication | Test | Test | Skill Lab | Trachea |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** March 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  04/03/2019 | Basic knowledge of drugs: Contraindication | Anti-viral drugs | Boric acid ointment | Rotation | Lungs |
| Tuesday  05/03/2019 | Basic knowledge of drugs: Contraindication | Anti-viral drugs | Dithranol ointment | Rotation | Function of lungs |
| Wednesday  06/03/2019 | Basic knowledge of drugs: Contraindication | Anti TB Drugs | Calamine ointment | Rotation | Pleura |
| Thursday  07/03/2019 | Basic knowledge of drugs: Contraindication | Anti TB Drugs | Ointment of benzoczine compound | Rotation | Physiology of Lungs |
| Friday  08/03/2019 | Basic knowledge of drugs: Contraindication | Drugs for Leprosy | Test | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** March2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  11/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Leprosy | Castor oil emulsion | Skill Lab | Control of respiration |
| Tuesday  12/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Leprosy | Codliver oil emulsion | Skill Lab | Diseases of respiration |
| Wednesday  13/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Amoebiasis | Etrachlor ethylene emulsion | Skill Lab | Objectives of CNS |
| Thursday  14/03/2019 | Basic knowledge of drugs: Main Toxic effects | Drugs for Amoebiasis | Filikmas emulsion | Skill Lab | Cerobro spinal system |
| Friday  15/03/2019 | Test | Drugs for Malaria | Test | Skill Lab | Brian: Parts |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** March 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  18/03/2019 | Drug Act | Drugs for Malaria | Sodium salicylate mixture | Rotation | Cerebrum: Functions |
| Tuesday  19/03/2019 | Drug Act | Hormones: Oxytocin | Tetrachlor Ethylene Emulsion | Rotation | Cerebellum: Functions |
| Wednesday  20/03/2019 | Drug Act | Hormones: Oxytocin | Quinine Mixture | Rotation | Spinal Cord: Functions |
| Thursday  21/03/2019 | Drug Act | Hormones: Oxytocin | Diaphoretic Mixture | Rotation | Peripheral Nervous System |
| Friday  22/03/2019 | Drug Act | Test | Test | Rotation | Sensory Nervous System |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** March 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  25/03/2019 | Drug Act | Hormones: Ergometrine | Benzyl benzoate applications | Skill Lab | Cranial Nerves |
| Tuesday  26/03/2019 | Drug Act | Hormones: Ergometrine | Rotation | Skill Lab | Autonomic Nervous system |
| Wednesday  27/03/2019 | Drug Act | Hormones: Ergometrine | Rotation | Skill Lab | Sympathetic system |
| Thursday  28/03/2019 | Drug Act | Hypoglycemic Drugs: Insulin | Rotation | Skill Lab | Para-Sympathetic system |
| Friday  29/03/2019 | Drug Act | Hypoglycemic Drugs: Insulin | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:**  April 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  01/04/2019 | **Spring Vacations** | | | | | |
| Tuesday  02/04/2019 |
| Wednesday  03/04/2019 |
| Thursday  04/04/2019 |
| Friday  05/04/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** April 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  08/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Physiology of CNS |
| Tuesday  09/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Diseases of CNS |
| Wednesday  10/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Oral agents | Skill Lab | Rotation | Excretory system: Objectives |
| Thursday  11/04/2019 | Medical Dental Ordinance | Hypoglycemic Drugs: Corticosteroids | Skill Lab | Rotation | Urinary system: Parts |
| Friday  12/04/2019 | Test | Hypoglycemic Drugs: Corticosteroids | Skill Lab | Rotation | Urinary system: Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | | | |
| **Month:** April 2019 | | | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | | **11:00- 12:00pm** | | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** |  | | **Practical 1** | | **Practical 2** | **Lecture** |
| Monday  15/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Haematenics | **BREAK** | Skill Lab | | Rotation | | Kidney Parts |
| Tuesday  16/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Haematenics | Skill Lab | | Rotation | | Nephron |
| Wednesday  17/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Anticoagulant | Skill Lab | | Rotation | | Roles of Kidney |
| Thursday  18/04/2019 | Prohibition of medical practice ordinance | Blood Drugs: Anticoagulant | Skill Lab | | Rotation | | Ureter |
| Friday  19/04/2019 | Prohibition of medical practice ordinance | Test | Skill Lab | | Rotation | | Ureter: Functions |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** April 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  22/04/2019 | **1st Term Exams** | | | | | |
| Tuesday  23/04/2019 |
| Wednesday  24/04/2019 |
| Thursday  25/04/2019 |
| Friday  26/04/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** April , May 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  29/04/2019 | Duties and responsibilities of Dispensers | Blood Drugs: Heparin | Rotation | Skill Lab | Urethra |
| Tuesday  30/04/2019 | Duties and responsibilities of Dispensers | Blood Drugs: Heparin | Rotation | Skill Lab | Micturition |
| Wednesday  01/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Demulcents | Rotation | Skill Lab | Physiology of Excretory system |
| Thursday  02/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Demulcents | Rotation | Skill Lab | Diseases of Excretory system |
| Friday  03/05/2019 | Duties and responsibilities of Dispensers | Locally acting drugs: Emollients | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** May 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  06/05/2019 | Principles of sterilization | Locally acting drugs: Emollients | Skill Lab | Rotation | Reproductive system objectives |
| Tuesday  07/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Dusting Powders | Skill Lab | Rotation | Male reproductive system |
| Wednesday  08/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Dusting Powders | Skill Lab | Rotation | Scrotum, supermatic system, |
| Thursday  09/05/2019 | Principles of sterilization: Operation theater | Locally acting drugs: Bitters | Skill Lab | Rotation | Prostate glands |
| Friday  10/05/2019 | Test | Locally acting drugs: Bitters | Skill Lab | Rotation | Testis |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** May 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  13/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Volatile oils | Rotation | Skill Lab | Penis |
| Tuesday  14/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Digestive Ferments | Rotation | Skill Lab | Male sexual hormones |
| Wednesday  15/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Antiseptics | Rotation | Skill Lab | Semen |
| Thursday  16/05/2019 | Principles of sterilization: Dressing, Hand and Skin | Locally acting drugs: Antiseptics | Rotation | Skill Lab | Female reproductive system |
| Friday  17/05/2019 | Principles of sterilization: Preparation of hypodermic injection | Test | Rotation | Skill Lab | Valvu |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** May 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  20/05/2019 | Principles of sterilization: Preparation of hypodermic injection | GIT Drugs: Antacids | Skill lab | Rotation | Monis pubis |
| Tuesday  21/05/2019 | Principles of sterilization: Preparation of hypodermic injection | GIT Drugs: Antacids | Skill lab | Rotation | Clitoris |
| Wednesday  22/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill lab | Rotation | Vagina |
| Thursday  23/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill lab | Rotation | Vagina |
| Friday  24/05/2019 | Principles of sterilization: Syringe | GIT Drugs: Purgative | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** May 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  27/05/2019 | Artificial Respiration | GIT Drugs: Antiemetic | Rotation | Skill Lab | Bartholin glands |
| Tuesday  28/05/2019 | Artificial Respiration | GIT Drugs: Antiemetic | Rotation | Skill Lab | Vagina Functions |
| Wednesday  29/05/2019 | Artificial Respiration | GIT Drugs: Peptic Ulcer | Rotation | Skill Lab | Uterus: Parts |
| Thursday  30/05/2019 | Artificial Respiration | GIT Drugs: Peptic Ulcer | Rotation | Skill Lab | Uterus: Functions |
| Friday  31/05/2019 | Test | GIT Drugs: Antidiarrheal | Rotation | Skill Lab | Felopine tube |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** June 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday | **Summer Vacations** | | | | | |
| Tuesday |
| Wednesday |
| Thursday |
| Friday |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** July 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  01/07/2019 | First aid treatment of burns | GIT Drugs: Antidiarrheal | Skill Lab | Rotation | Ovaries: Functions |
| Tuesday  02/07/2019 | First aid treatment of burns | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Female endocrine glands |
| Wednesday  03/07/2019 | First aid treatment of fracture | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Ovum |
| Thursday  04/07/2019 | First aid treatment of fracture | CNS: Antipsychotic Drugs | Skill Lab | Rotation | Breast |
| Friday  05/07/2019 | First aid treatment of heat stroke | Test | Skill Lab | Rotation | Puberty |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** July 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  08/07/2019 | First aid treatment of heat stroke | CNS: Antianxiety Drugs | Rotation | Skill Lab | Menses |
| Tuesday  09/07/2019 | First aid treatment of dehydration | CNS: Antianxiety Drugs | Rotation | Skill Lab | Physiology of Reproductive system |
| Wednesday  10/07/2019 | First aid treatment of dehydration | CNS: Narcotic Analgesic | Rotation | Skill Lab | Menopause |
| Thursday  11/07/2019 | Emergence procedure and anesthesia | CNS: Narcotic Analgesic | Rotation | Skill Lab | Female diseases |
| Friday  12/07/2019 | Emergence procedure and anesthesia | NSAIDS | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** July 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  15/07/2019 | Emergence procedure and anesthesia | NSAIDS | Skill Lab | Rotation | Skeletal system |
| Tuesday  16/07/2019 | Charting of temperature and pulse | CNS: Alcohol | Skill Lab | Rotation | Bones: types |
| Wednesday  17/07/2019 | Charting of temperature and pulse | CNS: Alcohol | Skill Lab | Rotation | Bones of head and face |
| Thursday  18/07/2019 | Charting of temperature and pulse | CNS: general Anesthetic | Skill Lab | Rotation | Spinal cord |
| Friday  19/07/2019 | Test | CNS: Local Anesthetic | Skill Lab | Rotation | Thoracic cage |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** July 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  22/07/2019 | Pattern of treatment chart | CNS: Analeptics | Rotation | Skill Lab | Pelvic grid |
| Tuesday  23/07/2019 | Pattern of treatment chart | CNS: Analeptics | Rotation | Skill Lab | Upper limb |
| Wednesday  24/07/2019 | Pattern of treatment chart | Poisoning: Morphine | Rotation | Skill Lab | Bones of hand |
| Thursday  25/07/2019 | Investigation form | Poisoning: Morphine | Rotation | Skill Lab | Lower limb |
| Friday  26/07/2019 | Investigation form | Test | Rotation | Skill Lab | Bones of foot |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** July, August 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  29/07/2019 | Use of common clinical appliance | Poisoning: Opioids | Skill Lab | Rotation | Joints |
| Tuesday  30/07/2019 | Use of common clinical appliance | Poisoning: Opioids | Skill Lab | Rotation | Non moveable joints |
| Wednesday  31/07/2019 | Use of common clinical appliance | Poisoning: Atropine | Skill Lab | Rotation | Moveable joints |
| Thursday  01/08/2019 | Use of common clinical appliance | Poisoning: Atropine | Skill Lab | Rotation | Immoveable joints |
| Friday  02/08/2019 | Use of common clinical appliance | Poisoning: Strychnine | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** August 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  05/08/2019 | Virus, Bacteria, Fungus | Poisoning: Insecticides | Rotation | Skill Lab | Name of different joints |
| Tuesday  05/08/2019 | Virus, Bacteria, Fungus | Poisoning: Kerosene Oil | Rotation | Skill Lab | Cranial suture |
| Wednesday  07/08/2019 | Virus, Bacteria, Fungus | Poisoning: Caustics | Rotation | Skill Lab | Joint of shoulder |
| Thursday  08/08/2019 | Virus, Bacteria, Fungus | Toxicology, Side effects of drugs use | Rotation | Skill Lab | Joint of elbow and wrist |
| Friday  09/08/2019 | Test | Toxicology, Side effects of drugs use | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** August 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  12/08/2019 | **2nd Term Exams** | | | | | |
| Tuesday  13/08/2019 |
| Wednesday  14/08/2019 |
| Thursday  15/08/2019 |
| Friday  16/08/2019 |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** August 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  19/08/2019 | Knowledge of Sera, | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Joints of hip |
| Tuesday  20/08/2019 | Knowledge of Vaccines | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Ankle joint |
| Wednesday  21/08/2019 | Knowledge of Toxins and anti toxins | Toxicology, Side effects of drugs use | Skill Lab | Rotation | Spinal column |
| Thursday  22/08/2019 | Knowledge of Toxins and anti toxins | Test | Skill Lab | Rotation | Muscle of skeleton |
| Friday  23/08/2019 | Knowledge of Toxins and anti toxins | Revision | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** August 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  26/08/2019 | Storage of drugs, vaccines, transportation, validity and labelling | First Aid: AIDS | Skill Lab | Rotation | Muscle of abdomen and arms |
| Tuesday  27/08/2019 | Storage of drugs, vaccines, transportation, validity and labelling | First Aid: AIDS | Skill Lab | Rotation | Muscle of leg and skin |
| Wednesday  28/08/2019 | Urine, blood and sputum examination | First Aid: Diarrhea | Skill Lab | Rotation | Diseases of skeletal system |
| Thursday  29/08/2019 | Urine, blood and sputum examination | First Aid: Typhoid | Skill Lab | Rotation | Diseases of skeletal system |
| Friday  30/08/2019 | Sample collection for laboratory | Test | Skill Lab | Rotation | Objective of lymphatic system |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** September 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  02/09/2019 | Blood grouping and blood transfusion | First Aid: Cholera | Rotation | Skill Lab | Lympheetic system process |
| Tuesday  03/09/2019 | Blood grouping and blood transfusion | First Aid: Cholera | Rotation | Skill Lab | Lymphatic system gland nodes |
| Wednesday  04/09/2019 | Blood grouping and blood transfusion | First Aid: TB | Rotation | Skill Lab | Lymphatic ducts |
| Thursday  05/09/2019 | EPI | First Aid: TB | Rotation | Skill Lab | Spleen |
| Friday  06/09/2019 | EPI | First Aid: Whooping Cough | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** September 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  09/09/2019 | Healthcare system | First Aid: Measles | Skill Lab | Rotation | Charting Temperature and pulse |
| Tuesday  10/09/2019 | Healthcare system | First Aid: Mumps | Skill Lab | Rotation | Outdoor register |
| Wednesday  11/09/2019 | Healthcare system: Environmental protection | First Aid: Diphtheria | Skill Lab | Rotation | Abstract register |
| Thursday  12/09/2019 | Healthcare system: Environmental protection | First Aid: Epilepsy | Skill Lab | Rotation | Poison register |
| Friday  13/09/2019 | Test | First Aid: Epilepsy | Skill Lab | Rotation | Expense register |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** September 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  16/09/2019 | Diarrheal Disease and control | First Aid: Rabies | Rotation | Skill Lab | Medicolegal register |
| Tuesday  17/09/2019 | Diarrheal Disease and control | First Aid: Rabies | Rotation | Skill Lab | Postmortem register |
| Wednesday  18/09/2019 | Diarrheal Disease and control | First Aid: Snake Bite | Rotation | Skill Lab | Revision |
| Thursday  19/09/2019 | Storage of equipments: Bedding and clothing | First Aid: Snake Bite | Rotation | Skill Lab | Revision |
| Friday  20/09/2019 | Storage of equipments: Surgical instruments | Test | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** September 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  23/09/2019 | Storage of equipments: Rubber goods | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Tuesday  24/09/2019 | Shock: Definition and type | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Wednesday  25/09/2019 | Shock: Definition and type | First Aid: Immunity | Skill Lab | Rotation | Revision |
| Thursday  26/09/2019 | Shock: First Aid Management | First Aid: Hepatitis | Skill Lab | Rotation | Revision |
| Friday  27/09/2019 | Shock: First Aid Management | First Aid: Hepatitis | Skill Lab | Rotation | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** September, October 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  30/09/2019 | Preparation of emergency rooms: Hernia | First Aid: Poliomylitis | Rotation | Skill Lab | Revision |
| Tuesday  01/10/2019 | Preparation of emergency rooms: Hernia | First Aid: Poliomylitis | Rotation | Skill Lab | Revision |
| Wednesday  02/10/2019 | Preparation of emergency rooms: Hydrocele | First Aid: Asthma | Rotation | Skill Lab | Revision |
| Thursday  03/10/2019 | Preparation of emergency rooms: Hydrocele | First Aid: Asthma | Rotation | Skill Lab | Revision |
| Friday  04/10/2019 | Test | First Aid: Asthma | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** October 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  07/10/2019 | Preparation of emergency rooms: Lipoma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Tuesday  08/10/2019 | Preparation of emergency rooms: Lipoma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Wednesday  09/10/2019 | Preparation of emergency rooms: Fibroma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Thursday  10/10/2019 | Preparation of emergency rooms: Fibroma | First Aid: Tetanus | Skill Lab | Rotation | Revision |
| Friday  11/10/2019 | Preparation of emergency rooms: Episiotomy | Test | Skill Lab | Rotation | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** October 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  14/10/2019 | Preparation of emergency rooms: Episiotomy | Revision | Rotation | Skill Lab | Revision |
| Tuesday  15/10/2019 | Preparation of emergency rooms: Lumber Puncture | Revision | Rotation | Skill Lab | Revision |
| Wednesday  16/10/2019 | Preparation of emergency rooms: Lumber Puncture | Revision | Rotation | Skill Lab | Revision |
| Thursday  17/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Friday  18/10/2019 | Revision | Revision | Rotation | Skill Lab | Test |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** October 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  21/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Tuesday  22/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Wednesday  23/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Thursday  24/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |
| Friday  25/10/2019 | Revision | Revision | Rotation | Skill Lab | Revision |

**Time Table / Schedule of Teaching & Practical Training**

**Name of Institution: Arif Memorial Paramedical College Lahore**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Category:** Dispenser Course | | | | | | |
| **Month:** October, November 2019 | | | | | | |
| **Timings** | **8:30- 9:30am** | **9:30-10:30am** | **10:30-11:00** | **11:00- 12:00pm** | **12:00- 01:00pm** | **01:00- 02:00pm** |
| **Days** | **Lecture Topic (Theory)** | **Topic (Theory)** | **BREAK** | **Practical 1** | **Practical 2** | **Lecture** |
| Monday  28/10/2019 | **Sendup Exams** | | | | | |
| Tuesday  29/10/2019 |
| Wednesday  30/10/2019 |
| Thursday  30/10/2019 |
| Friday  01/11/2019 |