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VISION

To be the leading institution in the field of medical sciences with a strong focus on character building and professional development of the students and professionals.

MISSION

Provision of quality medical education through effective teaching methodology and techniques.

To keep abreast with the latest developments and research from across the globe and strive to become the centre for advancement of the medical profession.

Uphold dignity of the profession by instilling sound ethical and moral values in its students.
At the time of partition and independence of Pakistan, we had inherited reasonably developed training institutions for healthcare personnel. King Edward Medical College which was one of the two at the time has been a mother institution for not only Pakistan but almost for the entire Middle East and South Asia combined.

At present, in Pakistan about ninety medical institutions exist in both the public and private sectors. With this growth in the number of medical institutions comes a greater responsibility of producing highly skilled, empathetic, ethical and dynamic doctors who could compete at a world stage. In many instances, attaining a medical degree is considered the end goal while in my opinion it is just a stepping stone towards serving mankind and leaping beyond one’s own capabilities.

This modern era of information highways and digital age calls for today’s doctors to be well versed not just in the science of medicine but also to exhibit a well-rounded personality with a sound focus on communication skills and research & development. Learning how to learn and seeking counsel when needed are two important factors that help determine success for a student.

It is my strong belief that students who graduate from RLMC will prove to be masters in the field of medicine with a thorough understanding of the world around them. RLMC will also develop as a center of excellence for the future training of not only doctors and nurses but other paramedical personnel.

The attached Arif Memorial Teaching Hospital which has also been built together with the college will also help serve the needs of the local community besides being a source of learning for students of RLMC. The location of the hospital at the periphery of Lahore district will prove to be source of comfort and well being to the rural population around it.

Since my retirement I had always resisted the temptation of setting up a medical and nursing college because I had the feeling that I would not be able to do justice to the educational and moral needs of these institutions. But, today with a great team of experienced professionals and faculty by my side, I am confident that RLMC will be a source of pride for both the healthcare profession and Pakistan.

Prof. Rashid Latif Khan
Message from the Principal

Thank you for your interest in Rashid Latif Medical College. In the next few pages you will get the details of its purpose built campus, the available learning facilities and other related information.

The spacious college building is environment friendly and draws from natural light and air movement. Its wide corridors, spaced out departments and general lay out would help broaden the mind’s horizon and sharpen the senses. With full range of laboratories, museums, lecture halls, library and the computer lab, the facilities are up to mark to make the process of learning an exciting and absorbing experience.

We are proud of our faculty, which blends wisdom of experience with exuberance of youth. Realizing the importance of continuing medical education and professional development the faculty is well versed with the modern concepts of participatory learning.

An essential component of a medical college is the teaching hospital without which no clinical learning is possible. RLMC has two affiliate modern hospitals. Hameed Latif Hospital started as a private hospital in the city that has over the years developed a significant number of general ward beds. More importantly Arif Memorial Teaching Hospital has simultaneously established with the college within the campus. Starting with 400 beds it is planned to be expanded into a 800 bed facility. The layout and space allocation of various departments has been made very thoughtfully.

Catering to the health care needs of a large population this will come out as a great teaching hospital. The proximity of the teaching hospital with the college is convenient for students and faculty besides providing for suitable environment for integrated learning.

Medical education does not and should not be confined to acquiring the knowledge of Medicine, Surgery and other medical subjects. It ought to be a holistic concept, encompassing human qualities expected of the medical profession. We feel this education should provide opportunities for the students to acquire modern knowledge and necessary skills while developing moral and ethical values characteristic of a humane society. The objective is to have medical graduates of unmatched quality who are highly skilled, caring and cultured professionals.

I am sure those who graduate from this institution will make their mark in the profession and bring good name to the college and the country.

Prof. Farrukh Zaman
Executive Director

Sabahat Khan graduated from Leeds Metropolitan University (UK) in 1992 with a BSc in Clinical Sciences with distinction.

On return, she set up her private practice at Hameed Latif Hospital and has worked for various institutes as consultant speech and language pathologist.

She is a member of Royal College of Speech & Language Therapy (UK). She is founder member and general secretary of Pakistan Association of Speech Pathology.

Over the years she has been involved in designing running teaching a number of courses for allied health professionals in both private & public sectors.

She is a Director of Hameed Latif Hospital one of fastest growing private hospital in Lahore.

She is the founding chairperson of Medplus (Pvt) Ltd. which owns and runs a chain of hospital Pharmacies in Lahore.

In 2009, she was appointed the Project Director of RLK Associates with an aim of setting up Rashid Latif Medical College and Arif Memorial Hospital. Both these projects were successfully completed within a period of one year.

Presently she is the Executive Director of Rashid Latif Medical College and Arif Memorial Hospital-Two extremely dynamic and fast growing institutes.

In keeping with the vision of the company a number of new programmes have been successfully launched in the last couple of years including Rashid Latif Institute of Allied Health Sciences, Rashid Latif College of Pharmacy, School of Nursing and Arif Memorial Para-Medical College.

Sabahat together with the highly motivated and focused management team strives to follow their rapidly expanding organization’s vision of achieving excellence in all its endeavours.

Chief of Operations/ Director Projects

Dr. Wajahat Bokhari graduated from Army Medical College in 1982 did his post-graduation in Internal Medicine in 1986 served as a Medical Specialist/Physician for 10 year in different Hospitals in Pakistan and abroad.

He shifted to healthcare management in 1996 and has served in various senior executive positions, his last job in Army was commanding officer of CMH. He took early retirement from army in 2000 and joined Fatima Memorial Hospital College of Medicine and Dentistry in its initial planning Phase. He played a key role in the establishment of this Medical and Dental College and served for a decade as Vice Principal of Medical and Dental College and as founding Director of FMH Institute of Allied Health Sciences.

He is founding chairman of Global consultants and has the honour of being the only Pakistani to have established 8 Medical Colleges, 2 Dental Colleges, 5 Teaching Hospitals, 2 Institute of Allied Health Sciences and 2 Nursing Colleges in Pakistan in last 15 years.

Provided Consultancy from the beginning of these project till they became fully operational. All of these projects were completed in a record time of less than one year.

Dr. Wajahat Bokhari joined Rashid Latif Medical College and Arif Memorial Hospital in Jan 2011 as Chief of Operations and Director Projects though he was involved as a consultant from the very beginning of this project. He has resolved to make RLMC one of the leading medical college in Pakistan and Arif Memorial Hospital one of the best teaching hospital in Pakistan.

As director projects he along with other team members have also established the following institutes in last 4 years:

- RL School of Nursing
- Arif Memorial Paramedical College
- RL College of Pharmacy
- RL Institute of Allied Health Sciences
Recognitions & Affiliations

Recognized by: Pakistan Medical & Dental Council
Affiliated with: University of Health Sciences
Approved by: Ministry of Health
Listed in: International Medical Education Directory
Listed in: WHO Avicenna Directory
Recognized by: CPSP for FCPS Training

Rashid Latif Medical College

Rashid Latif Medical College (RLMC) and Anif Memorial Hospital (AMH) are constructed on an area of 28 acres on Ferozepur Road, Lahore, 30 minutes drive from Kalma Chowk, Lahore. This purpose-built campus consists of Medical College building, Anif Memorial Hospital (610 beds) and hostels for both girls and boys with ample space for future expansion. Its environment friendly features make it a truly green building.

The basic sciences departments are housed in the College block keeping in view the movement and flow of students in an orderly fashion. The facilities of each department can cater for more than 150 students per class. The library and the lecture theatre block are spaced out to provide the needed quietness and isolation while adding to the aesthetics of the building structure.

An essential component of a medical college is the teaching hospital without which obviously no clinical learning is possible. RLMC has two modern affiliate hospitals.

DID YOU KNOW?
More than 25 RESEARCH PAPERS have been published in international Journals by the RLMC faculty members in the last one year.

www.rlmc.edu.pk
Teaching Hospitals

Rashid Latif Medical College & associated Allied Health Institute have two teaching hospitals: one on-site 610 bed Arif Memorial Hospital and the other 250 bed Hameed Latif Hospital in the city.

Arif Memorial Hospital

This is a purpose built 610 bed hospital designed specifically as a teaching facility. Besides fulfilling the requirements of the medical college it provides much needed comprehensive health coverage to the surrounding population in all major disciplines at affordable cost.

The hospital has excellent OPD, Diagnostic and Treatment facilities and 24 hours emergency.

Arif Memorial Hospital is also recognised by CPSP for post-graduate training in the fields of Surgery, Medicine, Obstetrics & Gynaecology, Paediatrics and Ophthalmology.

Dr. A.J.A. Samdani
Medical Director
AMTH

Hameed Latif Hospital

A 250 bed hospital that started purely as a private hospital in the heart of the city has now 100 low cost ward beds.

Hameed Latif Hospital (HLH) is also recognised by CPSP for post-graduate training in Anesthesia, Obstetrics & Gynaecology and Neonatology.

No | Department               | Number of Beds |
---|--------------------------|----------------|
    | AMH | HLH | Total |
A)  | Essential Specialties   |                |
1   | Medicine                | 120            |
2   | Surgery                 | 120            |
3   | Obstetrics & Gynaecology| 130            |
4   | Paediatrics             | 100            |
5   | Ophthalmology           | 25             |
6   | ENT                      | 24             |
7   | Orthopaedics / Trauma   | 44             |
B)  | Optional Specialties    |                |
1   | Allied Medical Specialties| 92             |
2   | Allied Surgical Specialties| 100            |
TOTAL |                        | 610            |

www.rfmc.edu.pk

In the Pursuit of Excellence
Departments & Faculty

There are two broad components of undergraduate medical education:

1. Basic Sciences
2. Clinical Disciplines

The basic sciences comprise of Anatomy, Physiology, Biochemistry, Pharmacology, Pathology, Community Medicine and Forensic Medicine.

Major clinical subjects are Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, Ophthalmology and EMT. There are various subspecialties of the above mentioned clinical departments.

Traditionally, the medical syllabus was introduced to medical students through the subjects of Anatomy, in order to make them aware of the structure of the human body, and Physiology, the study of normal function of the body systems. Only basic sciences subjects were taught to the students until they entered the clinical years where clinical subjects were taught.

Over the last few years however, the strategy of medical education has evolved and more emphasis is now laid on combining the basic sciences with the clinical subjects in the initial years of the medical curriculum. The objective is to provide an integrated approach to learning for better understanding of structure, function and the process of disease.

As an affiliate of University of Health Sciences (UHS), Rashid Latif Medical College follows the syllabus outlined by the university.

According to this syllabus, the students learn the subjects of Anatomy, Physiology and Biochemistry in the first two years, with specific curricula for first and second years. In the third year the remaining subjects of basic sciences, i.e., Pathology, Pharmacology, Forensic Medicine and Community Medicine are to be learnt while the clinical subjects are also introduced. Fourth and final years are mainly taken by the clinical sciences. Every effort is made while preparing the curriculum for first and second years to incorporate the clinical faculty to take lectures along with the basic sciences faculty.

Learning of sciences is not enough to become a good doctor. As a professional in the noble science of medicine the doctor has a special place in society, bringing in its wake certain responsibilities. While these relate mainly to the doctor’s conduct and behavior, the doctor also needs to have a perspective of history with knowledge of current affairs. In order to meet these needs, UHS has introduced the subjects of Behavioral Sciences, Islamiat and Pakistan Studies in the first two years of the programme.

DID YOU KNOW?
There is one doctor for 1073 and one dentist for 12647 person---- Pakistan Economic Survey 2014-15
www.ilmc.edu.pk
The first department with which the students come into contact and which gives them the real feeling of being ‘doctors in the making’ is the Department of Anatomy. This is the most spacious of all the departments at RLMC comprising 10,500 sq ft and occupying almost three quarters of first floor of college block. Following are the main sections of this department:

**Dissection Hall**

The large, well-ventilated dissection hall can accommodate more than 150 students where they will get an opportunity to work on cadavers for dissection and demonstration. There is a state of the art mortuary room for the cadavers.

**Museum**

Latest imported models of anatomy are displayed in a spacious Museum located across the Dissection Hall. The museum also has a large number of dissected specimens to illustrate various structures on actual parts of the human body.

**FACULTY**

<table>
<thead>
<tr>
<th>Faculty</th>
<th>Position</th>
<th>Qualification</th>
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</thead>
<tbody>
<tr>
<td>Prof. Quratulain</td>
<td>Professor</td>
<td>Ph.D, MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Akhtar Hayat Butt</td>
<td>Associate Professor</td>
<td>MBBS</td>
</tr>
<tr>
<td>Dr. Shakeela Nazir</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Ashiq Hussain</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Fatima Qamar</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Attya Shohid</td>
<td>Acting Assistant Prof.</td>
<td>MBBS, M.Phil (Part I)</td>
</tr>
<tr>
<td>Dr. Robia Haider</td>
<td>Senior Demonstrator</td>
<td>MBBS, M.Phil (Part I)</td>
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Anatomy is the back bone of all basic and clinical subjects. Mission of the department is to provide opportunities to the students so that learning of Anatomy is made easier and interesting for them. Student’s feedback helps in strategic planning and creating teaching innovations which are imperative for the progress of the department.

Prof. Quratulain  
Head of Anatomy Department
Physiology, the queen of medicine, spans the study of the functions of the entire spectrum from molecules to man. At the department of Physiology, we aim to elucidate fundamental ways of communication within and between physiological systems alongside understanding function in terms of structure of the human body.

The department operates in a strong collegial atmosphere where faculty and students work together to promote and share in the study and understanding of fundamental mechanisms governing life processes. We employ teaching methods which promote reinforcement of difficult concepts and provide individualized attention that fosters training of the highest quality. In a nutshell, the Department of Physiology aims to promote scholarship at its best.

**FACULTY**

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<th>Name</th>
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<tr>
<td>Prof. Tanvir Ali Khan Shirwany</td>
<td>Professor</td>
<td>MBBS, M.S. (USA)</td>
</tr>
<tr>
<td>Prof. Biliquis Akhtar</td>
<td>Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Jawad Nawaz</td>
<td>Associate Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Mudassar Ali Khan</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
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<tr>
<td>Dr. Faheem Mahmood</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
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**RLMC has a fantastic student support service to help you throughout medical school, whether it be with exams, learning or emotional support.**

They endeavor to facilitate your progress & help you to achieve your true potential. Academic help is available throughout the course & learning is reinforced through tutorial, practical & clinical skills workshops.

**Ayesha Gohar**

4th year

Academic Certificate of Merit
Department of Biochemistry

Department of Biochemistry is located on the ground floor across the department of Physiology being its mirror image. Modern learning aids have been provided to ensure that the students learn the subject in an interesting and interactive way.

Laboratory

The spacious laboratory has colorimeters, centrifuges, distillation units, electronic balances, microscopes, a flame photometer, automated pipettes and dispensers. The students have an access to every kind of equipment required to undertake practical demonstrations of Biochemistry.

Adjoining the laboratory are the faculty offices which provide closer interaction between the faculty and the students.

FACULTY

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Prof. Sadia Qureshi</td>
<td>Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Dr. Muhammad Humayun</td>
<td>Associate Professor</td>
<td>MBBS, M.Phil</td>
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<tr>
<td>Dr. Muhammad Fahim-ul-Haq</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil</td>
</tr>
<tr>
<td>Ms. Shama Akram</td>
<td>Assistant Professor</td>
<td>M.Sc., M.Phil</td>
</tr>
<tr>
<td>Ms. Samiah Shahid</td>
<td>Senior Demonstrator</td>
<td>M.Sc., M.Phil</td>
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</table>
Department of Pathology

Laboratory

The Pathology department has two laboratories, which have the latest equipment. These laboratories cater for Microbiology, Histopathology, Hematology, and Chemical Pathology.

Pathology is a branch of medicine that deals with the nature of disease and its causes, processes, development, and consequences.

This important subject bridges the clinical and non-clinical subjects. The department has four sections, Microbiology, Histopathology, Hematology and Chemical Pathology.

The Pathology teaching sessions are a mix of both theoretical and practical classes where students will have an opportunity to observe and participate in diagnoses of patients admitted in the wards. Regular symposia, seminars and tutorials are held in the department of Pathology.

The department has a spacious museum displaying specimens and several detailed and highly informative charts for the guidance and better understanding of the students.

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<tr>
<th>FACULTY</th>
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<tbody>
<tr>
<td>Prof. Roohi Aftab</td>
<td>Professor</td>
<td>MBBS, M.Phil (Micro)</td>
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<tr>
<td>Prof. Farzana Amjad</td>
<td>Professor</td>
<td>MBBS, M.Phil (Haem)</td>
</tr>
<tr>
<td>Prof. Noshin Wasim Yusuf</td>
<td>Professor</td>
<td>MBBS, M.Phil, F.R.C.Path</td>
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<tr>
<td>Prof. Muhammad Tahir</td>
<td>Professor</td>
<td>MBBS, M.Phil (Chemical)</td>
</tr>
<tr>
<td>Dr. Sofia Waheed Khan</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS (Haem)</td>
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<tr>
<td>Dr. Nazma Kiran</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil (Histo)</td>
</tr>
<tr>
<td>Dr. Sahar Mudasser</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil (Micro)</td>
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<tr>
<td>Dr. Nasim Aslam Ghumman</td>
<td>Assistant Professor</td>
<td>MBBS, M.Phil (Histo)</td>
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<tr>
<td>Dr. Urwa Sarwar</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS (Histo)</td>
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RLMC will boost your enthusiasm to experience the excitement that lays ahead in your career.

Prof. Roohi Aftab
Head of Pathology Department
Department of Community Medicine

Prevention is better than cure.

The Department of Community Medicine aims to serve humanity by stressing on immunization and simple methods of improving the health of the community at primary health care level thus making a major contribution in prevention of diseases in the community at large.

Students have field trips and visits to rural health care facilities where they have the opportunity to correlate the classroom learning with social, economic and medical conditions of the community.

Museum

The department features the health models to complement their on-the-field mode of training.

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<tr>
<th>FACULTY</th>
<th>MBBS, FCPs</th>
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<th>MBBS, DMJ</th>
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<tr>
<td>Prof. Aftab Anjum</td>
<td>Professor</td>
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<tr>
<td>Dr. Aslam Bajwa</td>
<td>Associate Professor</td>
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<tr>
<td>Dr. Abdul Rahman</td>
<td>Assistant Professor</td>
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Department of Forensic Medicine

Forensic Medicine brings the investigative capabilities of modern medicine to aid the law and justice. Students have an opportunity to learn legal aspects of medicine and the training as to how medico-legal cases are documented.

Museum

This department has a spacious museum with elaborate models illustrating the forensic aspects of medicine. Special models explaining the science of criminology along with commonly used weapons are on display.

DID YOU KNOW?

Currently Pakistan is spending 0.42 percent of its GDP on health care services—Pakistan Economic Survey 2016-15

www.rimc.edu.pk

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<th>FACULTY</th>
<th>MBBS, FCPs</th>
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<tr>
<td>Dr. Shaukat Ali</td>
<td>Associate Professor</td>
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<tr>
<td>Dr. Sadaf Sajid</td>
<td>Assistant Professor</td>
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</table>
Department of Pharmacology

A good physician has to be a good pharmacologist. Students will gain a thorough knowledge of medications, such as various routes of administration, mechanisms of action, pharmacokinetics, adverse drug reactions and dosage schedules. With a well-qualified and experienced faculty guiding them, students can look forward to an interesting learning experience.

Laboratory and Museum

Pharmacology department has a separate fully equipped laboratory that provides the resources for practical training in experimental pharmacology and clinical pharmacology. The department has a well-designed museum displaying neatly mounted specimens and several detailed and highly informative charts and graphs of various types.

Faculty offices and demonstrator rooms are also available in the department. A separate tutorial room is attached with the laboratory.

FACULTY

Prof. Almas Begum  
Professor  
MBBS, M.Phil

Prof. Bushra Farooqi  
Professor  
MBBS, M.Phil

Dr. Gul-e-Nazish  
Acting Assistant Professor  
BDS, M.Phil (Part I)

Dr. Shazana Rana  
Senior Demonstrator  
MBBS, M.Phil

Dr. Rao Salman Aziz  
Senior Demonstrator  
MBBS, M.Phil (Part I)

At our RLMC department of Pharmacology we take the students through their required course with zeal and enthusiasm and expect the same from them.

Prof. Almas Begum  
Head of Pharmacology Department

Clinical Departments

Arif Memorial Hospital, the on-site teaching hospital has all the major specialties housed in a purpose built building.

The hospital has been designed to facilitate smooth patient flow and is in line with current best practices of hospital design.

Department of Medicine

The department is headed by a senior professor. There are 120 beds at Arif Memorial Hospital and 55 beds in Hameed Latif Hospital.

Starting with General Medicine, the department will be adding specialties like Cardiology, Gastroenterology, Nephrology, etc.

A full ward is dedicated to high dependency beds as in a CCU with full monitoring facilities. All the clinical departments have full diagnostic backup facilities and a fully equipped CCU.

FACULTY

Prof. Anjum Rashid Butt  
Professor  
MBBS, FCPS

Prof. Anwar A Khan  
Professor  
MBBS, DABM, DABG

Prof. Monsoor ud Din Sajid  
Professor  
MBBS, FCPS

Dr. Javeed Iqbal  
Associate Professor  
MBBS, FCPS

Dr. Naheed Rashid  
Assistant Professor  
MBBS, FCPS

Dr. Ahmed Nadeem  
Assistant Professor  
MBBS, FCPS

Dr. Asif Saeed (Oncology)  
Assistant Professor  
MBBS, FCPS

Dr. Fatima Tufail  
Assistant Professor  
MBBS, FCPS
Department of Surgery

This department has 120 beds at Arif Memorial Hospital and 50 beds in Hameed Latif Hospital. It is supported by 15 operating theatres.

The layout of the OT suite is based on sound scientific design with an adjacent post-op/recovery area and the surgical ICU.

There is provision for all types of surgical procedures including laparoscopic surgery. The Emergency Department has its own fully equipped operating theatre.

This department is recognised by College of Physicians & Surgeons Pakistan for post-graduate training leading to FCPS.

FACULTY

<table>
<thead>
<tr>
<th>Prof. Muhammad Sarfraz Ahmed</th>
<th>Professor</th>
<th>MBBS, FRCS (UK), Diploma in Urology</th>
</tr>
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<tbody>
<tr>
<td>Prof. Asif Sadiq Syed</td>
<td>Professor</td>
<td>MBBS, FRCS</td>
</tr>
<tr>
<td>Prof. Muhammad Afzal Sheikh</td>
<td>Professor</td>
<td>MBBS, MCPS, FCPS</td>
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<tr>
<td>Prof. Ahmad Salman Waris</td>
<td>Professor</td>
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<tr>
<td>Prof. Ijazuddin Iqbal</td>
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<tr>
<td>Dr. Ahsan Khan</td>
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<td>Dr. Nabeel Ahmed</td>
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<td>Dr. Muhammad Tanvir Iqbal</td>
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<td>MBBS, FCPS</td>
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<tr>
<td>Dr. Farrukh Hassan Iqbal</td>
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<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Tajammul Ahmad Ch.</td>
<td>Assistant Professor</td>
<td>MBBS, FRCS (UK)</td>
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</table>

DID YOU KNOW?

More than 5,000 free cleft lip and palate surgeries have been carried out at Arif Memorial Teaching Hospital in collaboration with Smile Train

www.rmmc.edu.pk
Department of Obstetrics & Gynaecology

The Department of Obstetrics & Gynaecology has a very distinguished and highly skilled faculty. It comprises of 7 Units headed by Prof. Sohail Khushid Lodhi & Prof. Yousef, Latif Khan in the affiliated hospitals: Arif Memorial Teaching Hospital (80 beds) and Harneel Latif Hospital (50 beds). Obstetrics & Gynaecology is predominantly taught in fourth and the final years. The education is based on the traditional curriculum. Instructional strategies include lectures, bedside teaching, group discussions, CPCS during the daily working hours, evening classes and the night duties. Skills are imparted in the wards, labour room, operation theatres and the skills laboratory.

The department is recognized by the CPTI for postgraduate training and many trainees are currently being supervised by the faculty members.

The Department of Obstetrics & Gynaecology is fully equipped and has facilities to manage all kinds of emergencies and elective cases. It provides services to a vast population in Lahore and the adjoining districts of Kasur and Okara and thereby contributing to the reduction in maternal mortality. The departmental subspecialties include Gynaecological Endoscopy, Fetal Medicine and Infertility & Reproductive Endocrinology where state of the art services are provided.

### FACULTY

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Qualifications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prof. Farrukh Zaman</td>
<td>Professor / Principal</td>
<td>MBBS, FCPS, FCPS (B’desh), FRCOG</td>
</tr>
<tr>
<td>Prof. Sohail Khushid Lodhi</td>
<td>Professor</td>
<td>MBBS, MCPS, FCPS</td>
</tr>
<tr>
<td>Prof. Samia Malik</td>
<td>Professor</td>
<td>MBBS, FCPS, FRCOG</td>
</tr>
<tr>
<td>Prof. Yousef Latif Khan</td>
<td>Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Lamia Yusuf</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Talha Abdul Hakim</td>
<td>Assistant Professor</td>
<td>MBBS, FRCOG, MRCPI</td>
</tr>
<tr>
<td>Dr. Fauzia Anjum</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Samina Siddiq</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Arjumand Iftikhar</td>
<td>Act. Assistant Prof.</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Shazia Javed</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Madiha Afzal</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Misbah Mubeen Malik</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Sajda Imran</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Saima Qurban</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>
Department of Paediatrics

The department of Paediatrics is run under the supervision of experienced and dedicated faculty. The physical facilities include a paediatric ward, a paediatric ICU, a separate neonatal ICU and a well-baby nursery, which have all been especially designed and properly equipped. The OPD is run under the direct supervision of senior consultants.

Pakistan has a large population under 15 with a high mortality rate among children.

This department is recognised by College of Physicians & Surgeons Pakistan for post-graduate training leading to FCPS.

**FACULTY**

<table>
<thead>
<tr>
<th>Prof. Tahir Masood Ahmad</th>
<th>Professor</th>
<th>MBBS, FCPS</th>
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</thead>
<tbody>
<tr>
<td>Prof. Sajid Maqbool</td>
<td>Professor</td>
<td>MBBS, FCPS, DABP</td>
</tr>
<tr>
<td>Dr. Muhammad Ashraf</td>
<td>Assistant Professor</td>
<td>MBBS, DCH, MRCP</td>
</tr>
<tr>
<td>Dr. Naeem Zafer Khan Rehmani</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS, DCH</td>
</tr>
<tr>
<td>Dr. Sajjad Rafique</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS, DCH</td>
</tr>
<tr>
<td>Dr. Soed Aftab Ahmad</td>
<td>Assistant Professor</td>
<td>MBBS, MD, FAAP, FACP</td>
</tr>
<tr>
<td>Dr. Mehmood</td>
<td>Assistant Professor</td>
<td>MBBS, DCH, FCPS</td>
</tr>
<tr>
<td>Dr. Nosheen Aman</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Sanaullah Khan</td>
<td>Senior Registrar</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>

Department of Ophthalmology

The high prevalence of eye ailments make Ophthalmology an important specialty.

The department in Arif Memorial Hospital is adequately equipped to cope with the needs of the community. It is headed by an experienced and accomplished specialist who is dedicated to make it a centre of excellence.

**FACULTY**

<table>
<thead>
<tr>
<th>Prof. Naeem Ullah</th>
<th>Professor</th>
<th>MBBS, FCPS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prof. Ghulam Sabir</td>
<td>Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Prof. Brig. Asad Jamal</td>
<td>Professor</td>
<td>MBBS, FRCS</td>
</tr>
<tr>
<td>Dr. Ahmad Zeeshan Jamil</td>
<td>Assistant Professor</td>
<td>MBBS, MCPS, FCPS, FCPS (VRO)</td>
</tr>
<tr>
<td>Dr. Sofia Lateef Ch.</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>

Interaction with patients of Arif Memorial Teaching Hospital provides me with an excellent opportunity to learn and improve my clinical skills.

Sana Bukhari
4th Year Student

Department of E.N.T.

The department is headed by a well reputed faculty member. The E.N.T. unit has a 20 bedded ward, a regular OPD and full operating theatre facilities. The provision of endoscopy surgery is also available.

**FACULTY**

<table>
<thead>
<tr>
<th>Prof. Babar Hussain Khan</th>
<th>Professor</th>
<th>MBBS, MCPS, FCPS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Farrukh Mehmood</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>
Department of Orthopaedics

Orthopaedic problems can be a source of great misery for a patient. Due to lack of awareness and access, significant number of patients especially in the rural areas are mismanaged by quacks. The Orthopaedic department in this hospital aims to fill the gap of much needed services for the population in the surrounding areas.

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<thead>
<tr>
<th>FACULTY</th>
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<tbody>
<tr>
<td>Prof. Khalid Hussain Khan</td>
<td>Professor</td>
<td>MBBS, M.S. (Ortho)</td>
</tr>
<tr>
<td>Dr. Aqeel Moazzam</td>
<td>Senior Registrar</td>
<td>M.D.</td>
</tr>
</tbody>
</table>

DID YOU KNOW?

More than 227,174 poor patients have been treated at Arif Memorial Teaching Hospital

www.rlamc.edu.pk

Department of Anaesthesia

Anaesthesia is the backbone of all surgical specialities and availability of safe anaesthesia services is mandatory.

The faculty of this department is part of a very well organized academic system, who have ensured a comprehensive specialist cover.

<table>
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<tr>
<th>FACULTY</th>
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</thead>
<tbody>
<tr>
<td>Prof. Shahida Khawaja</td>
<td>Professor</td>
<td>MBBS, MCPS, FCPS</td>
</tr>
<tr>
<td>Dr. Arshad Taqi</td>
<td>Associate Professor</td>
<td>MBBS, MCPS, FCPS, DCPS (HEP)</td>
</tr>
<tr>
<td>Dr. Shamila Athar Saddiqui</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Tahira Saleem</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Tanveer Hussain</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Malik Abrar Ahmad Shafiq</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Shahzad Munir Tur</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Dr. Anser Ali</td>
<td>Assistant Professor</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>
Department of Psychiatry & Behavioural Science

The specialty of Psychiatry is getting wider recognition for its role in the society’s well being.

The added dimension of Behavioural Sciences, especially for medical students has further enhanced its importance in a medical college.

Besides patients management this department will be playing a significant role in shaping up tomorrow’s doctors.

FACULTY

<table>
<thead>
<tr>
<th>Professor</th>
<th>Prof. Ali Kazim</th>
<th>MBBS, DABFP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assistant Professor</td>
<td>Dr. Muhammad Mujtaba</td>
<td>MBBS, MCPS, FCPS, Dip (HPE)</td>
</tr>
<tr>
<td>Senior Registrar</td>
<td>Dr. Uhaiza Jawad</td>
<td>MBBS, M.Phil</td>
</tr>
</tbody>
</table>

Department of Radiology

Although traditionally referred to as Radiology, this specialty is better called medical imaging. Arif Memorial Hospital has X-ray and ultrasound facilities.

CT scan and mammography are available at Hameed Latif Hospital which is the second affiliate hospital of RLMC.

FACULTY

<table>
<thead>
<tr>
<th>Assistant Professor</th>
<th>Dr. Abdur Rehman Khokhar</th>
<th>MBBS, DTCM, MCPS, DMRD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assistant Professor</td>
<td>Dr. Maria Sadaqat</td>
<td>MBBS, FCPS</td>
</tr>
<tr>
<td>Assistant Professor</td>
<td>Dr. Asma Ashfaq</td>
<td>MBBS, FCPS</td>
</tr>
</tbody>
</table>

Department of Medical Education

Objectives of the Department

- Monitoring ongoing educational activities in the College.
- Supervision of the College and University examinations and identification of trends.
- Continuous supervision of individual student performance.
- Promotion of innovative educational techniques in the institution.
- Faculty development.

Functions of Medical Education Department

- Organization of workshops, seminars and lectures for the faculty and the students.
- Introduction of new techniques for guidance and counselling of students.
- Optimum use of latest audio visual aids, computers, etc.
- Provision of feedback to the teachers.
- Organization and supervision of examinations and maintenance of records.
- Preparation of testing material such as SCs and multiple-choice questions etc.
- Monitoring the progress of individual students.

This department facilitates the faculty and students to remain abreast with the current advancements in medical education and conducts workshops from time to time.

Guest lectures by National and International speakers are also arranged by the department of Medical education.
Skills Lab

Fully equipped state of art clinical skills lab has been established. The Skills Laboratory offers students the opportunity to acquire clinical skills which will play an essential role in their ability to effectively treat future patients.

The Skills Lab is equipped with a wide array of resources in order to provide a high standard of training. Cardiopulmonary Resuscitation (adults and children), pelvic, breast and head mannequins constitute but a few of the many teaching tools. Dummy arms, backs and baby heads are used to teach skills such as phlebotomy, inserting intravenous drips, executing a lumbar puncture and inserting sutures.

The Lab provides a safe learning environment where the students can improve their diagnostic, treatment and communication skills.
Admission Process & Policy

Admission to the MBBS Programme is strictly made on merit under the guidelines laid down by PMDC, and the University of Health Sciences, Lahore. Students from all provinces of Pakistan and overseas can apply for admission.

Eligibility Criteria for Admissions

a. F.Sc. (Pre-Medical) or Equivalent

The candidates applying for admission against any category of seats:

Should have passed the F.Sc. (Pre-Medical) examination from a Board of Intermediate and Secondary Education in Pakistan with at least 60% unadjusted marks (660/1100).

OR

Should have passed an examination of Foreign University/Board, which is equivalent to the F.Sc. (Pre-Medical) examination of Pakistan and is recognized as an equivalent to F.Sc. (Pre-Medical) by the Inter Board Committee of Chairmen (IBCC) Islamabad.

Students must obtain the equivalence certificate from IBCC, Islamabad and attach an attested copy of the IBCC equivalence certificate with the application form before the closing date.

b. UHS Entrance Test

The candidate must have appeared in the Entrance Test of UHS for the relevant session or with a sat II minimum score of 550 in all 3 subjects.

c. Age

Pakistan Medical and Dental Council (PMDC) has abolished the age limit for admission to MBBS/BDS. There is no minimum or maximum age limit for admission to medical and dental colleges.

Classification of Students

The College welcomes students from all parts of the world. In accordance with the guidelines outlined by the University of Health Sciences, Lahore, the College currently categorizes students into the groups given below. The College admits all groups of students on merit.

Applicants compete within their group and the fee structure for each group is different.

Pakistani:

Students born, raised and educated in Pakistan.

Foreign / Overseas Pakistani:

Students carrying foreign passport / Green Card and having passed examinations from foreign university / board.

d. Admission Criteria for Foreign Students

No admission shall be given without an entry test or SAT II score of more than 550 marks in all the three subjects. Only those Pakistani nationals and foreigners who have obtained the required qualifications for the entry test shall be eligible for admission on the foreign seats and shall either have to appear in the entry test or present to the UHS the requisite SAT score. Students who are residing abroad or who have achieved their qualifications required for the entry test from abroad shall be eligible for admission on the normal seats and shall be eligible to appear in the entry test if they have passed three science subjects out of which two have to be Biology and Chemistry. The candidates having minimum SAT II score of 550 marks shall be exempted from the entry test and shall be required to appear only in the interview. TOEFL or IELT score of 500 or 5.5 shall be required from the students who have obtained their required qualifications from those institutions where the medium of instruction for these qualifications is not English. An alternate to TOEFL and IELT is a certification by NUML Islamabad after a one year English language course.

RLMC Entry Test / Interview

The candidates who fulfill the minimum academic requirements for admission are shortlisted for Institutional Entry Test / Interview.

For further information

Inter Board Committee of Chairmen at FBISE Building H-8/A, Islamabad-PAKISTAN.
Tel: 051-9250452 Fax: 051-9250454
Email: ibccpk@hotmail.com
Website: www.ibcc.edu.pk

Rules Governing Payment of Fee

• Admission and tuition fee once paid are only refundable as per PMDC policy.

• Applicants should seek clarification about fees / other dues from Admission Office before applying.

• Fees and other charges are payable in advance before the start of academic session.

• The academic session at RLMC is deemed to start from 1st of September every year.

• Students defaulting in fee payment may be suspended and/or barred from the classes and examination until the clearance of dues in accordance with the College policies and procedures.

• Students will not be allowed to appear in any university examination unless all outstanding dues are fully cleared prior to the registration deadline of the examination.

• Any further additional charges levied by the Government, the University of Health Sciences or the PMDC during the course of studies will be charged from the student.
Important Rules & Regulations (Examinations)

RLMC is affiliated with University of Health Sciences, Lahore. All the examination rules & regulations stipulated by UHS are applicable to the students of RLMC.

Subjects to be Examined

<table>
<thead>
<tr>
<th>Examination</th>
<th>Subjects</th>
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</thead>
</table>
| First Professional       | 1. Anatomy  
| Part - I (at the end of 1st year) | 2. Physiology  
|                           | 3. Biochemistry                                                       |
| First Professional       | 1. Anatomy  
| Part - II (at the end of 2nd year) | 2. Physiology  
|                           | 3. Biochemistry  
|                           | 4. Pakistan Studies  
|                           | 5. Islamic Studies                                                   |
| Second Professional      | 1. General Pathology, Bacteriology and Parasitology  
| (at the end of 3rd year)  | 2. Basic Pharmacology and Therapeutics  
|                           | 3. Forensic Medicine and Toxicology  
|                           | 4. Behavioural Sciences including Communication  
|                           |   Skills and Research Methodology                                    |
| Third Professional       | 1. Special Pathology including Haematology and  
| (at the end of 4th year)  |   Clinical Chemistry  
|                           | 2. Community and Preventive Medicine  
|                           | 3. Ophthalmology  
|                           | 4. E.N.T.                                                            |
| Final Professional       | 1. Medicine & Allied Specialties  
| (at the end of final year) | 2. Surgery & Allied Specialties  
|                           | 3. Obstetrics & Gynaecology                                           |
|                           | 4. Paediatrics                                                        |

1. Pass marks for professional examinations are 50%, separately in theory and practical of each subject. In the clinical subjects, 50% of marks for clinical part separately are essential to pass in practical. A student shall be declared successful only if he/she passes in all components of examination (i.e., theory/practical/clinical) at the same time.

2. Before appearing in the University Examination, the students will be required to produce ‘No Dues Certificate’ from the contractor of College and Hostel Tuck Shops, College Cashier, College Librarian and Hostel Warden. Students who are unable to produce the same are liable to be detained by the head of the institution from appearing in the university professional examination.

3. No student shall be allowed to appear in any university examination unless he/she has attended at least 75% of the lectures, demonstrations, tutorials and the practical or clinical assignments. Extra classes organised by various departments may be counted towards calculation of attendance percentage.

4. In case the student fails in the Professional Examination in annual as well as supplementary examination their provisional promotion to the next higher class shall stand automatically cancelled and they shall revert to the previous class and the academic credits earned during his/her provisional promotion shall also stand cancelled.

5. If a student appears in the supplementary examination for the first time as he/she did not appear in the annual examination and falls in any subject in the supplementary examination, he/she will be detained in the same class and will not be promoted to the next class. Promotion on CARRY ON basis will not be allowed under any circumstances.

6. The students will have to pay fee for the detained year according to the number of subjects in which the student has to reappear.

7. The head of institution reserves the right to detain any student from appearing in the Professional Examination of the University at any stage, if in his/her opinion, the student is found to be short of attendance in theory or practicals of any subject or the student’s work is reported to be unsatisfactory by any professor, lecturer or in the opinion of the head of the institution the character and conduct of the student is unsatisfactory.

8. Award of Grace Marks or any such increase in marks by any other manner is not permissible under any circumstances.

9. University of Health Sciences has introduced Objectively Structured Performance Evaluation (OSPE) in its affiliated institutions to eliminate bias, favoritism and victimization in viva voce, practical and clinical examinations.

10. There is zero tolerance for use of unfair means in examinations.

Note: Any student who fails to clear the First Professional M.B.B.S Part II examination in four chances availed or un-availed after becoming eligible for each examination shall cease to become eligible for further medical education in Pakistan.

According to PMDC Notification (No. 29-Notification/Council-2013/252753), dated 16th July, 2013.

www.ilmc.edu.pk
Regulations for Internal Assessment

1. Continuous internal assessment shall consist of evaluation at the end of each assignment, e.g., stages/sub-stages, class tests etc., attitudinal assessment by the faculty, clinical skills assessment by clinical supervisors. Wherever applicable the yearly Log Book will be important reflection of a student’s performance.

2. Term Tests and Send-up assessment are important components of internal assessment.

3. Assessment of Knowledge, Skills and Attitude shall contribute towards internal assessment. Methods used to assess these domains shall include Multiple Choice Questions of one-best type, Short Essay Questions, Oral Viva, and Practical/Clincial Examinations.

4. The weightage of internal assessment shall be 10% in all subjects. 5% internal assessment marks shall be added to the aggregate score of Theory and 5% internal assessment marks to aggregate score of Oral and Practical Examination and not to an individual component like MCQs, SEQs Paper or Oral / Practical / Clinical Examination.

5. The score of Internal assessment shall contribute 10% and the university examination of each subject shall contribute 90% to total score. The candidate shall pass in aggregate.

6. Send Up examinations 4-6 weeks before the annual university examination shall be compulsory for students of all classes. Students who do not appear or fail in the examination will be recorded as students whose courses of instructions are incomplete and unsatisfactory and will not be allowed to appear in the university professional examination for promotion to the next higher class. Pass percentage for Send Up examinations is 50%.

7. Awards of internal assessment in all the subjects of all the candidates shall be submitted to the Controller of Examinations along with Admission Forms for the professional examination. Internal assessment received after commencement of the final examination shall not be accepted.

8. The marks of internal assessment shall be submitted only once a year prior to annual examination and the same shall be counted both for annual and supplementary examinations. It is further emphasized that fresh assessment or a revision of assessment for supplementary examination shall not be permissible.

9. Proper record of continuous internal assessment shall be maintained by respective departments of the medical college.

10. Internal assessment awarded in a particular year may not be decreased subsequently detrimental to the candidate.

Do Right...!
Do your best...!
Treat others as you want to be treated...is what RLMC expects of you.

Hajra Munir
4th Year MBBS

Doctor of Pharmacy
Pharm. D.
5 Years Degree Program

Approved by:
PHARMACY COUNCIL OF PAKISTAN

Affiliated with
UNIVERSITY OF SARGODHA

College of Pharmacy
Doctor of Pharmacy PHARM D.

OBJECTIVE
To produce a highly competent, skilled and well trained Professionals to provide quality health care services to the community.

WHY STUDY IN PHARMACY?
• A well rounded career
Pharmacy is an exciting blend of science, health care, direct patient contact, computer technology and business.

• A vital part of the health care system
Pharmacists play a vital role in improving patient care through the medicine and information they provide.

• Excellent earning potential
Pharmacy is one of the most financially rewarding careers.

• Outstanding opportunities
There is an unprecedented demand for pharmacists in a wide variety of occupational settings.

• A trusted profession
Pharmacists are consistently ranked as one of the most highly trusted professionals because of the care and service they provide.

TOP REASONS TO BECOME A PHARMACIST
• I want to help people get well.
• I like to work directly with patients.
• I enjoy a wide variety of career opportunities.
• I want to be an important member of the healthcare team.
• I am excited to be a part of major innovations in drug therapy.
• I want to work with state of the art technology.
• I would like to be a highly respected member of my community.

Pharmacy professional’s demand has highly increased in the current era due to emerging diseases and infection control. This demand is not only constricted to USA and Canada, but now pharmacy profession has achieved popularity in Australia, Europe, Gulf and Asian countries especially in Pakistan.

CAREER PROSPECT
1. Hospital Pharmacist
2. Clinical Pharmacist
3. Community Pharmacist
4. Retail Pharmacist
5. Academia and Research
6. Pharmaceutical industry
7. Career in government sector
8. Members of multidisciplinary health care teams.

Departments:
All departments are fully equipped with advance and latest instruments/apparatus with air conditioned facility for Pharm-D students.

Course Duration: 5 years (Full Time Study)
Eligibility Criteria: F.Sc (Pre-Medical / A-Level equivalent to 60% of F.Sc) or B.Sc

FACULTY

Dr. Kurshid Iqbal
Dean
Ph.D Pharmaceutics (USA)

Humayun Riaz
Principal
Ph.D Pharmaceutics (Scholar, UOS)

Dr. Asif Islam
Prog. Coordinator
M.Phil Scholar Pharmacology

Zia Mohayuddin Khan
Assistant Professor
M.Phil Pharmaceutics

Dr. Novaira Saleem
Senior Lecturer
M.Phil Pharmacology

Dr. Hammad Yousaif
Senior Lecturer
M.Phil Scholar Pharmaceutics

Jahan Zeb Khan
Senior Lecturer
M.Phil Pharmaceutical Chemistry

Dr. Usman Saleem
Lecturer
M.Phil Scholar Pharmacology

Dr. Tooba Rehan
Lecturer
Pharm. D

Dr. Syed Aftab Raza
Consultant
Ph.D Pharmaceutics (UK)

Dr. Petra Sheraz
Sr. Clinical Pharmacist
Pharm. D, Clinical Pharmacist (USA)

Dr. Mudassar Ali Khan
Assistant Professor
MBBS, M.Phil Physiology

Dr. Attiya Shahid
Assistant Professor
MBBS, M.Phil (Pre-Med) Anatomy

Prof. Dr. M. Yahya
Professor
PhD Islamic Studies

Arslan Suleman
Senior Lecturer
M.Sc. Mathematics & Biostatics

Mrs. Lumya Junitad
Lecturer
M.A. English

RASHID LATIF COLLEGE OF PHARMACY WILL FOCUS ON:
• Strengthening student’s scientific knowledge to understand the ethical and professional responsibilities;
• Providing sufficient professional and practical experience, enabling students to become valuable pharmacists, to serve the nation;
• Improving technical, conceptual and human skills required to continue their education and to lead a successful life;
• Realizing their mental and physical abilities to enrich their theoretical and practical knowledge;
• Students will be trained for Public and Private Pharmacy Jobs and to start their pharmacy Business;

Job Placement, Job Fair will be arranged for final year students.

MEMORANDUM OF UNDERSTANDING WITH;
• Different Pharmaceutical industries • Community Pharmacies • Hospitals
Rashid Latif Institute of Allied Health Sciences

- DPT
  Doctor of Physical Therapy

- B.Sc. (Hons.)
  Speech & Language Pathology

- B.Sc. (Hons.)
  Nutrition

- B.Sc. (Hons.)
  Medical Laboratory Technology

- B.Sc. (Hons.)
  Medical Imaging Technology

- B.Sc. (Hons.)
  Optometry & Orthoptics
Doctor of Physical Therapy

**OBJECTIVE**
To produce highly competent, skilled and well-trained professionals to provide quality healthcare services to the community.

**WHY STUDY IN DOCTOR OF PHYSICAL THERAPY?**
1. Job Opportunities
2. International Professional Standards:
   The curriculum of DPT program is based on the international standard of education and guide to physical therapy practice.
3. Credible Profession
   Physiotherapists are consistently ranked as one of the most highly trusted and respected professionals because of the care and services they provide.
4. An Essential Part of the Health Care System

**WHY BECOME A PHYSICAL THERAPIST?**
- I want to diagnose and manage physical and functional dysfunction.
- I want to work with people and help people get well.
- I want to strengthen communities.
- I enjoy a wide variety of clinical career opportunities.
- I want to be an important part of the healthcare team.
- I would like to be a highly respected member of the healthcare community.
- Physical therapy is much more than just dealing with sports-related injuries.

**DOCTOR OF PHYSICAL THERAPY AT GLANCE:**
Physical Therapy is a branch of rehabilitative medicine aimed at helping patients maintain, recover or improve their physical abilities.

Physical Therapists work with patients whose movements may be impaired due to aging, disease, environmental factors, or sporting hazards. A physical therapist seeks to identify and maximize quality of life and movement potential through prevention, intervention (treatment), promotion, habilitation and rehabilitation.

**PHYSICAL THERAPY IS A CLINICAL HEALTH SCIENCES**
Physical therapy is not alternative therapy. It is a clinical health science. Physical therapists study medical science subjects, including anatomy, neurosciences and physiology in order to acquire the health education needed for prevention, diagnosis, treatment, rehabilitation, etc., of patients with physical problems. The physical therapist works in hospital, GP (general practice, primary care medicine) practices, and the community.

**Course Duration:** 5 years (Full Time Study)

**Eligibility Criteria:** FSc 60% or equivalent qualification

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**FACULTY**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Dr. Rehana Niazi</td>
<td>HOD</td>
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<tr>
<td>Dr. Atif Malik</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Dr. Nazeer Ahmad</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Miss Uzma Dogar</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Dr. Irum Nawaz</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Dr. Masooma</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Dr. Sumera Kanwal</td>
<td>Lecturer</td>
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| BSPT, TDPT (M.Phil) | PGD (Sports Medicine) |

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**B.Sc. (Hons.) Speech & Language Pathology**

This department is headed by U.K. trained Speech Pathologist who are members of **Royal College of Speech & Language Therapy**. All its faculty members are qualified Speech Pathologist and members of **PAKISTAN ASSOCIATION OF SPEECH & LANGUAGE PATHOLOGY**.

We have two separate departments for Speech-Language Pathology/Therapy.

**Your Work Environment**
- SLPs practice in various settings:
  - Public & Private Schools
  - Hospitals
  - Rehabilitation centers
  - Short and long-term nursing care facilities
  - Community clinics
  - Colleges and universities
  - Private practice clinics
  - State and federal government agencies
  - Home health agencies (home care)

**Aref Memorial Hospital**
Hameed Latif Hospital

Working with the full range of human communication, speech-language pathologists (SLPs) evaluate, diagnose & treat speech, language, cognitive communication, and swallowing disorders in individuals of all ages, from infants to the elderly.

The course will be run according to:
- International Standard recommended by Royal College of Speech & Language Therapy (UK)
- Focusing on both private & public sectors
- Access to international journals & research

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**FACULTY**

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<tr>
<td>Ms. Sabahat Khan</td>
<td>HOD</td>
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<tr>
<td>Ms. Shabana Majid</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Ms. Hafiza Madeeha Mushtaq</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Ms. Anam Khan</td>
<td>Lecturer</td>
</tr>
<tr>
<td>Ms. Hina Khalid</td>
<td>Lecturer</td>
</tr>
</tbody>
</table>

| B.Sc., MRCSLT (UK) |
| B.Sc., Hons. |

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52 www.rlmc.edu.pk

www.rlmc.edu.pk 53
B.Sc. (Hons.) Nutrition

The course will be run according to:
- International Standards
- By senior faculty
- Focusing on clinical practice & research
The role of nutrition in the cure of diseases as well as in prevention of disease is well known. Keeping in view this fact, the four years bachelor degree programme “B.Sc. (Hons.) in Nutrition & Dietetics has great significance and vast scope in health care.

This degree programme will enable the students to professionally excel in the health care. The students after graduation will be able to demonstrate their expertise in multiple fields which include but are not limited to:
- Dietitians in the hospitals providing medical nutrition therapy and nutritional counseling to the indoor and outdoor patients.
- Dietitians in the hospitals providing medical nutrition therapy and nutritional counseling to the indoor and outdoor patients.
- Nutritionists, providing nutritional counseling to the healthy segment of the population regarding lifestyle changes and development of healthy eating patterns.
- Community nutritionists working with different national and international organizations.
- Dietitians in food & drug industries especially dealing in therapeutic foods and supplements.
- Nutrition supervisors in basic health units in different districts of Punjab.
- Nutrition officers in the nutrition wing of the Health Department.
- Researchers in research organizations to conduct research in nutrition & dietetics with special reference to health outcome of healthy individuals & patients.
- Dietitians in teaching organizations like universities & colleges.

B.Sc. (Hons.) Medical Laboratory Technology

A Medical Laboratory Technologist is a highly skilled scientist trained in different branches of diagnostic sciences including Microbiology, Hematology, Clinical Pathology/Biochemistry, Molecular Biology, Genetics, Immunology, Serology and Expansive Cytology.

A medical laboratory technologist is a healthcare professional who performs chemical, hematological, immunologic, microscopic, and bacteriological diagnostic analyses on body fluids such as blood, urine, sputum, stool, cerebrospinal fluid (CSF), peritoneal fluid, pericardial fluid, and synovial fluid, as well as other specimens. Medical laboratory scientists work in clinical laboratories at hospitals, doctor’s offices, reference labs, and biotechnology labs.

A Medical Laboratory Technologist perform complex and varied laboratory analyses, and use critical thinking skills in determining the accuracy and validity of test results. They recognize the interdependency of testing information and possess the knowledge of physiologic and pathologic conditions affecting results in order to support medical decisions.

A bachelor degree in Medical Laboratory Sciences was introduced for the first time in Pakistan about four decades ago. Initially it was started in Jinnah Postgraduate Medical Centre (JPMC), Karachi in early 70’s. University of Health Sciences (UHS), Lahore upgraded two years B.Sc. degree to four year’s B.Sc. (Hons.) Medical Laboratory Technology in 2008.

SPECIALTY AREAS

MLTs can also become specialists, qualified by additional training to perform more complex analyses than usual within a specific field. Specialties include clinical biochemistry, hematology, coagulation, microbiology, bacteriology, virology, parasitology, mycology, immunology, immunohematology (blood bank), histopathology, cytopathology, genetics and cytogenetics.

JOB DUTIES

Medical technologists are responsible for confirming the accuracy of test results, and reporting laboratory findings to physicians. Also known as clinical laboratory scientists, medical technologists operate complex electronic equipment, computers, and precision instruments costing millions of dollars.
B.Sc. (Hons.)
Medical Imaging Technology

The medical imaging technologist in radiologic sciences is a skilled radiographer qualified to provide patient service in radiology and interventional procedures.

Medical Imaging Technologists organize and operate many imaging equipment’s such as X-ray machines, CT Scans, MRUs, Angiography machines, Nuclear Medicine, mammography, PET scan etc.

Medical Imaging technologists are also capable of assisting in the surgical procedures performed during the examination, assessing the technical quality of the image, and providing basic patient care. The technologist must function as a member of the health care team.

Medical Imaging technologists may perform the following tasks:

- Receive and interpret requests from medical practitioners for X-ray examinations to be performed on patients.
- Determine the appropriate imaging techniques to provide diagnostic information for the doctor.
- Calculate details of procedures such as length and intensity of exposure to radiation and settings of recording equipment.
- Explain procedures to patients and address any concerns they have about radiation processes.
- Make sure patients receive the correct preparation for the procedure.
- Correctly position the patient and imaging equipment to obtain the best image of the area being examined.
- Make sure of the patient’s welfare during the examination, including radiation safety.
- Develop the X-ray films, etc.
- Check images to determine if any further views are necessary.
- Operate special equipment such as fluoroscopy equipment (which gives a moving image of the part being examined), angiography equipment (which gives images of blood vessels) and computed tomography (CT) equipment (which gives cross-sectional images of the body).

B.Sc. (Hons.)
Optometry & Orthoptics

They examine patient’s eyes to diagnose vision problems and eye diseases. Optometrists prescribe eyeglasses and contact lenses and provide vision therapy and low vision rehabilitation.

Optometrists specialize in the examination, diagnosis, treatment, management and prevention of diseases and disorders of the eye and the associated structures. Optometrists provide primary vision care. They also provide pre and post-surgical care for various conditions and procedures, including cataracts, and retinal problems.

B.Sc. (Hons.) in Optometry is a four-year degree. The Programme has been launched with broad objectives of training the students in optometry in various ophthalmic procedures. After completing the course the students shall be able to:

- Self-employed as opticians and optometrists.
- Correct errors of refraction and be able to prescribe glasses.
- Maintain and operate eye equipments.

Numerous specializations courses are offered by different local and international universities in Ophthalmology, e.g. M.Sc., M.Phil and PhD. Optometrist are eligible to apply for the foreign and local scholarships.

**FACULTY**

<table>
<thead>
<tr>
<th>Prof. Dr. Abdur Rehman Khokar</th>
<th>HOD</th>
<th>MBBS, DTC, MCPS, DMRD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms. Khadejia Munawar</td>
<td>Lecturer</td>
<td>BS (Hons.), MS. Clinical Psychology</td>
</tr>
<tr>
<td>Dr. Umar Ijaz</td>
<td>Lecturer</td>
<td>MBBS</td>
</tr>
<tr>
<td>Dr. Faiza Liaquat</td>
<td>Lecturer</td>
<td>MBBS</td>
</tr>
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</table>

**FACULTY**

<table>
<thead>
<tr>
<th>Prof. Dr. Naeem Ullah</th>
<th>HOD</th>
<th>MBBS, FCPS</th>
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<tbody>
<tr>
<td>Prof. Dr. Yahya</td>
<td>Professor</td>
<td>Ph.D</td>
</tr>
<tr>
<td>Dr. Rabia Kamran</td>
<td>Lecturer</td>
<td>MBBS, FCPS OPTH</td>
</tr>
<tr>
<td>Dr. Anum</td>
<td>Lecturer</td>
<td>MBBS</td>
</tr>
<tr>
<td>Ms. Lamyia Junaid</td>
<td>Lecturer</td>
<td>M.A. English</td>
</tr>
<tr>
<td>Ms. Andleib Zahra</td>
<td>Lecturer</td>
<td>B.S., M.S.</td>
</tr>
</tbody>
</table>
Health care opportunities are not just limited to doctors. In addition to physicians there are allied health professionals, whose job span many areas of health care. The two words “Allied Health” stand for the largest group of health care providers. The Allied Health Professionals are needed globally; they get well paid jobs in Pakistan, Middle East and also in developed countries. They are highly respected, essential and critical to the healthcare delivery system.

Admission Procedure of Allied Health Sciences

Eligibility
F.Sc. Pre-medical (with 50% marks in science subjects) or Equivalent Qualification.

Students having qualification of F.Sc. Pre-engineering (with 60% marks in science subjects) are eligible only for admission in B.Sc. (Hons) Medical Imaging Technology.

Age between 17 to 25 years.

Final Selection
Selection of students is made on merit. The selection decisions by the institution’s administration are final and non-negotiable.

Interview
Names of short-listed candidates will be posted on the Institute’s notice board and website. Students should ensure themselves if they have been short-listed and confirm the day, date and time of their interview.

Classification of Student Categories

Local Pakistani Students: Students born, raised and educated in Pakistan.

Overseas Pakistani Students: Children of expatriate Pakistani families

Foreign Students: Carrying foreign passport/Green Card

Library

- A spacious library is located in a separate block adjacent to the college building.
- It has all the essential text and reference books along with reference journals.
- The books are indexed and there is an e-library which has access to on-line journal and books.
- The library has been organized to meet the requirements of students and teachers and facilitates research work.
- It has following sections:
  
  **Basic Sciences**
  
  **Clinical Sciences**
  
  **Reference Books Sections**
  
  **Reading Area**
  
  **E-Library**
  
  **Audio Visual Section**
  
  **Urdu/English Literature**

The College admits all three categories of students on merit basis. Applicants compete within their category. The tuition fee paid by each category is different.
Facilities

Common Rooms
Separate common rooms for boys and girls are located on the ground floor of the college building where students can relax and have discussions. On every floor of the college there are separate washroom facilities for girls and boys.

Boys & Girls Hostels
There are separate hostel blocks for boys and girls within the college campus. Provision of hostel accommodation is subject to availability and preference is given to candidates from outside Lahore.

Facilities provided are single/shared bedrooms, toilets and sitting rooms. Each section of the hostel is supervised by a member of the faculty/administration. Essential staff like cleaners and security staff is provided. During their stay in hostels, students will have to adhere to the hostel rules and regulations as laid down by the college authorities. Hostel fee is subject to annual increase.

Transport
Public transport is available at walking distance. The college runs a daily shuttle service from Hameed Latif Hospital (Opposite Quaddafi Stadium on Ferozepur Road) to Rashid Latif Medical College and back for the convenience of the faculty and the students.

Cafeteria
A cafeteria has been established within the campus where food is hygienically prepared in a clean and well maintained kitchen. The cafeteria has an exclusive area for the staff and students and offers breakfast, lunch and dinner at reasonable rates.

Computer Lab
RLMC has a spacious computer lab with latest computers equipped with high bandwidth internet.

Located adjacent to the library, this lab makes an invaluable addition to the self learning facilities of the college. Its layout and space allows provision of computer workshops as and when required.

Services for Teachers and Students
Printing | Scanning | E-Data | Plagiarism | Wifi
Student Life

- Table Tennis Club
- Football Club
- Chess Club
- Cricket Club
- Snooker Club
- Volleyball Club
- Mohsin Blood Donor Society
- Research Society
- Literary Society (English)
- Literary Society (Urdu)
- Debates Club
- Photography Society
- Fine Arts Club
- Badminton Club
- Basketball Club

Patient Welfare Society

Arif Memorial is a charity hospital where many facilities are provided free to the poor and needy patients. The credit goes to patient welfare society and I am a proud member of this society.

Sana Bukhari
4th Year
Member of Patient Welfare Society

Students are encouraged to generate a fulfilling and diversified environment at the college which is necessary for them to find a healthy and acceptable outlet for dissipating energy and steering out their frustrations. The students manage a variety of clubs and committees through their own class representative to make the best of youthful and formative years.

The college administration organizes trips for the pleasure and knowledge of students.

Music Society

I had the talent but not the courage to perform in front of audience. RLMC provided me with opportunities to enhance my skills and build up courage. Finally for the first time in my life I performed at the musical event at RLMC.

Waleed Amir
President of Music Society

Dramatics Society

In the society we strive to promote dramatics as a vehicle to develop new skills and endeavor to provide supportive and open atmosphere upon which we can help our members evolve and grow. We have great fun and make unforgettable memories during learning and performing.

Muhammad Subhani
4th Year
President Dramatics Society

Student Magazine RLMC

First years in RLMC passed like a dream. As a pioneer, I experienced a very different atmosphere, affection of teachers, help of fellows and a platform to show my talent...!!! RLMC gives me confidence, courage to speak, respect and above all good memories. It’s like a second home to me.

Muhammad Azeem Shah
Final Year MBBS
(Chief Editor Student Magazine)
Student Life
by RLMC Photography Society

Asian Medical Student Association Re-Union

English Debates

Annual Cricket Tournament

Annual Gig Night

Fun Fair

Annual Dinner (Bonfire)

Annual Sports Day

Student Life
by RLMC Photography Society

Urdu Debates

National Medical Conference of RLMC

1st International Cerebral Palsy Conference Pakistan

CME Workshops

Medical Education Seminar

Annual Dinner 2014
Our Location

Our 28 acres purpose built campus lies in the suburbs of Lahore, away from the city pollution and rush hour traffic of the main city. It is set amongst lush green fields but within an easy drive of 30 to 40 mins to Gulberg and Defence areas. The green architecture is aesthetically pleasing and immensely eye catching in its simplicity and expanse. Various facilities within the campus aim to cater to academic as well as personal and social needs of the students. Campus life is busy and fun. Student transport services to various points in Lahore strives to make commuting easy and hassle free for day scholars.
Rashid Latif MEDICAL COLLEGE

APPLICATION FORM

Status of Applicant:
☐ Local  ☐ Foreign  ☐ Overseas Pakistani

Please tick the box of the course you want to apply for
write priority as 1,2 in the box.
☐ MBBS  ☐ Pharm D.  ☐ DPT  ☐ Speech & Language Pathology
☐ Nutrition  ☐ Optometry  ☐ MIT  ☐ MLT

1. Name of Candidate (in Blocks Letter):

2. Gender:  Male ☐  Female ☐

3. Father's Name:

4. Date of Birth: (DD-MM-YYYY) _______________ Place of Birth: _______________

5. Nationality (according to passport): 

6. C.N.I.C. No.: ___________________________ (If residing abroad, provide Social Security No.)

7. Applicant's Mobile No. _______________ E-mail: _______________

8. Passport No: ___________________________

9. Current Residential Address: ___________________________

10. Permanent Address: ___________________________

11. Father's/Guardian's Name: ___________________________ Occupation: _______________

   Educational Qualifications: ___________________________

   Phone Home: _______________ Office/Mob: _______________ Email: _______________

   Father's Salary: ___________________________ Other Source of Income: _______________

12. Mother's Name: ___________________________ Occupation: _______________

   Educational Qualifications: ___________________________

   Mobile: _______________ Office: _______________ Home: _______________

   Mother's Salary: ___________________________ Other Source of Income: _______________

   Email Address: ___________________________
13. No. of Siblings: __________________ Brothers: ________ Sisters: ________

14. Contact in case of emergency: Name: ____________________________ Relation: ____________
    Postal Address: ___________________________________________________________
    Phone 1: __________________ Phone 2: ______________ Mobile: ________________

14. Have you ever been admitted to any Medical College / undergraduate programme previously?  Yes ☐ No ☐

15. Academic Record:

<table>
<thead>
<tr>
<th>Examination</th>
<th>Year of Passing</th>
<th>Institution’s Name</th>
<th>Marks Obtained/ Total Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matriculation/ ‘O’ Levels</td>
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<tr>
<td>F.Sc./A-Level</td>
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<td>MCAT</td>
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<tr>
<td>SAT II / Other Qualifications*</td>
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* As per PMDC requirements
(Candidates who hold qualifications other than F.Sc. and Matriculation will be required to provide Equivalence Certificate from the Inter-Board Committee Chairmen.)

16. Do you have any medical condition?  ☐ Yes ☐ No
17. Are you on any kind of medication?  ☐ Yes ☐ No
18. Hostel Accommodation Required:  ☐ Yes ☐ No
   (Limited hostel accommodation is available and priority is given to candidates from outside Lahore.)

19. DECLARATION: I Mr./ Ms. _________________________ an applicant for admission to Rashid Latif Medical College, solemnly affirm and declare that the above information provided by me is correct. I have obtained and understood the college prospectus and the terms and conditions of the admission procedure. I agree to abide by the rules and regulations of Rashid Latif Medical College currently stated as well as modification of these rules and regulations from time to time by the authorities of the institution. I undertake that I have adequate financial resources to support my studies at Rashid Latif Medical College for the entire duration of the course of study. I hereby assure that all dues will be paid by the due date according to payment schedule of RLMC. Hostel & cafeteria charges may increase every year in accordance with the inflation and as per college policy.

I fully understand that the refund of any dues paid will be governed by the college refund policy. I will not object to any additional charges levied by the Government, University or the College during the course of my studies. I will clear all my dues including tuition fee and hostel dues before submission of UHS professional exams application form every year.

_________________________  ___________________________
Applicant’s Signatures  Parent’s / Guardian’s Signatures
with date                  with date

Please attach photocopies of the following documents with your application:

☐ CNIC/ Passport  ☐ MCAT Result Card
☐ Matriculation Certificate or equivalent  ☐ 4 Latest Photos (Passport size)
☐ F.Sc. Certificate or equivalent  ☐ SAT II (If applicable)