**VOLUME 2 ISSUE 2** 

# AHS NEWSLETTER



Patron: Mrs. Sabahat Khan Chairperson Editorial Board: Prof. Dr. Rizwana Muzaffar

Editorial Board: Chief Editor: Ms. Aayeshah Firdous Editors: Ms. Rabia Akram, Ms. Kalsoom Ijaz Graphic Designer: Maidah Ijaz

# 6th National Conference of Rashid Latif Medical Complex

#### Theme: Inspiring a Culture of Excellence in Health care

Two days conference officially began on 20th March 2019 and continued till 21st March 2019. Mrs. Sabahat Khan, Executive Director of Rashid Latif Medical Complex, was the honorable Chief Guest of the conference.

Participants from several universities across the country such as The Children's Hospital and Institute of Child Health, Lahore, University of Sargodha (UOS), University of Veterinary and Animal Sciences, University of Agriculture Faisalabad many more presented their research work to the attendees of the conference. The honorable chairperson of the session was Dr. Muhammad Shoaib, Assistant Professor, Department of Food Sciences, University of Veterinary and Animal Sciences (UVAS). And the esteemed co-chairperson was Dr. Muhammad Sikander Ghayyas Khan, Assistant Professor, RCRS, Riphah International University.

This conference provided an ideal platform for students and young researchers to enhance their knowledge related to the field of research through the expertise of qualified and worthy speakers present at the conference.



### 6TH NATIONAL CONFERENCE OF RASHID LATIF MEDICAL COMPLEX



F

EST

# **POSITION HOLDERS 2019**



Rameesha Nazir First Professional B.Sc. (Hons) MLT



Wasia Wasim First Professional B.Sc. (Hons) Nutrition



Ghulam Muhammad Second Professional B.Sc. (Hons) Optometry



Sara Tahir First Professional B.Sc. (Hons) SLP



Ayesha Tariq Sindhu First Professional B.Sc. (Hons) Nutrition



M. Awais Sikandar Third Professional B.Sc. (Hons) Optometry



Dua Arshad First Professional B.Sc. (Hons) Nutrition



Ayesha Ilyas Second Professional B.Sc. (Hons) Optometry



Muhammad Bilal Third Professional B.Sc. (Hons) Optometry



#### Saba Rasheed

Final Professional B. Sc. (Hons.) Nutrition

**1st Position in UHS** 

Zaitoon Naz

Final Professional B. Sc. (Hons.) Nutrition

2nd Position in UHS





Mariam Khan

Final Professional B. Sc. (Hons.) Nutrition

2nd Position in UHS

Janet Shanem

Final Professional B. Sc. (Hons.) Speech and Language Pathology

**3rd Position in UHS** 



## Career guidance and Counseling held at Rashid Latif Institute of Allied Health Sciences

Rashid Latif Institute of Allied Health Sciences hosted a Career counseling session at college campus for High schoolers. Students from nearby schools attended this session. Faculty members of the institute brief them about different allied health professions and their scope. Lastly students visited the institute and hospital.



# Two day workshop on "Assessment of Nutritional Status of Dialysis Patients"

Department of Nutrition of Rashid Latif Institute of Allied Health Sciences arranged a two day workshop on "Assessment of Nutritional Status of Dialysis Patients". This program was divided into three parts; the first part of this program was to provide the lecture about the dialysis patients to students of Third professional year and Final year.



Second part of this program was the practical nutritional assessment of dialysis patients; assessment of dialysis patients was supported by Sheikh Zayad Hospital's Dialysis Unit. The third part of this program was the detailed discussion and meal planning of the assessed patients with the concerned supervisor. As dialysis patients are at a high risk of getting mal-nourished; their proper diet therapy according to their age, gender, body mass index frequency of dialysis and biochemical profile is very crucial. This program helped students to understand and to develop the dietary plans for the dialysis plans in accordance to their individualized requirements.



## One day International Workshop on "Strategies for Functional Language Development of Children with Cochlear Implantation"



Faculty and students of Department of Speech & Language Pathology of Rashid Latif Institute of Allied Health Sciences attended one day workshop in Alam Audiology Clinic. Ms. Amina Siddique explained very precisely about Functional Language development and its role in therapy.



## Eye camp

The department of Optometry & Orthoptics arranged a free eye camp from 25th August-28th August, 2019 along with collaboration of Ophthalmology department at Arif Memorial Teaching Hospital. 250 patients were examined during camp. Patients were facilitated with free eye

examination, free medication and surgical treatment.







**Upcoming Events:** 

4th Student's National Conference Workshop on Formal Language Assessment

Screening Program Nutrition Education Program

Study tour to Aziz Jahan Begum Trust Institute for blind